

Jugend U20 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	GOTTWEIS Raphael	082	03	01:58:04.92	1 U20		SC Steinberg	00:39:18.03	00:39:06.39	00:39:40.50	
2 M	PATT Lasse	181	04	01:58:14.35	2 U20	+ 10s	SC Oberursel	00:38:57.34	00:39:02.84	00:40:14.17	

Frauen - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	RAHNER Annika	191	97	02:05:37.72	1 W		Eintracht Frankfurt Triathlon e.V.	00:42:17.98	00:42:53.71	00:40:26.03	
2 F	GOTTWEIS Jacqueline	081	00	02:39:07.83	2 W	+ 33m31s	SC Steinberg	00:51:04.75	00:51:16.66	00:56:46.42	

Männer - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	NOHE Daniel	174	95	01:46:57.43	1 M		Spiridon Frankfurt	00:36:06.58	00:35:55.69	00:34:55.16	
2 M	FISCHER Christian	063	94	01:56:45.93	2 M	+ 9m49s	keine Angabe	00:38:27.32	00:37:18.52	00:41:00.09	
3 M	HOSKE Anton	334	98	01:59:27.76	3 M	+ 12m31s	keine Angabe	00:41:24.27	00:39:23.53	00:38:39.96	
4 M	WEIMAR Marcel	274	95	02:03:46.11	4 M	+ 16m49s	LT Rheinhessen-Pfalz	00:42:40.84	00:40:24.35	00:40:40.92	
5 M	DANGMANN Thimo	046	96	02:10:13.47	5 M	+ 23m16s	LG Rüsselsheim	00:40:12.36	00:45:17.42	00:44:43.69	
6 M	OHLEMÜLLER Felix	176	00	02:34:10.53	6 M	+ 47m14s	keine Angabe	00:47:41.98	00:49:42.13	00:56:46.42	

Sen 30 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	MOSER Tania	331	90	01:47:33.01	1 W30		Spiridon Frankfurt	00:36:13.89	00:35:51.14	00:35:27.98	
2 F	REZAGHOLINIA Sandra	203	88	02:28:35.57	2 W30	+ 41m03s	keine Angabe	00:48:01.72	00:52:53.99	00:47:39.86	

Sen 30 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	STAHL Dominic	332	91	01:42:46.54	1 M30		Adidas Runners	00:34:15.53	00:34:18.22	00:34:12.79	
2 M	RÖCKLE Silas	210	89	01:49:31.60	2 M30	+ 6m46s	Spiridon Frankfurt	00:36:18.52	00:36:37.28	00:36:35.80	
3 M	FOCHT Alexander	067	88	01:58:41.75	3 M30	+ 15m56s	keine Angabe	00:39:53.12	00:39:22.60	00:39:26.03	

Sen 30 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
4 M	BERNARDING Tobias	020	88 02:04:00.85	4 M30	+ 21m15s	TuS Griesheim	00:40:38.11	00:43:15.51	00:40:07.23	
5 M	LANDSIEDEL Chris	146	89 02:05:41.03	5 M30	+ 22m55s	TuS Griesheim	00:41:21.82	00:41:41.91	00:42:37.30	
6 M	SCHAEFER-BRAND Jakob	217	92 02:09:55.26	6 M30	+ 27m09s	Team Brand	00:45:23.46	00:42:53.17	00:41:38.63	
7 M	KEßLER René	120	92 02:26:33.40	7 M30	+ 43m47s	SV Nikar Heidelberg e.V.	00:48:56.77	00:47:31.43	00:50:05.20	

Sen 35 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	REINTGEN Franziska	199	86 02:30:20.81	1 W35		SF Tria Rossdorf	00:51:14.38	00:49:10.11	00:49:56.32	
2 F	LEHMBERG Tanja	147	85 03:31:43.32	2 W35	+ 1h01m23	JSK Rodgau 1888 e.V.	01:08:27.44	01:11:53.93	01:11:21.95	

Sen 35 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	MC SWINEY Aidan	160	84 01:38:46.28	1 M35		TSV Schott Mainz	00:33:45.26	00:32:36.50	00:32:24.52	
2 M	SCHÄFER Jan	312	87 01:55:48.26	2 M35	+ 17m02s	TuS Griesheim	00:39:22.71	00:38:38.00	00:37:47.55	
3 M	OTT Alexander	180	85 02:00:29.56	3 M35	+ 21m44s	LG Seligenstadt	00:41:38.49	00:39:32.09	00:39:18.98	
4 M	STÜKER Andreas	249	86 02:16:39.97	4 M35	+ 37m54s	Erdinger Active Team	00:44:55.33	00:43:57.47	00:47:47.17	
5 M	STORCK René	246	83 02:17:36.14	5 M35	+ 38m50s	SF Tria Rossdorf	00:44:12.07	00:45:40.46	00:47:43.61	
6 M	SCHILL Markus	295	85 02:20:20.79	6 M35	+ 41m35s	keine Angabe	00:46:38.91	00:46:31.65	00:47:10.23	
7 M	STEINERT Christian	243	85 02:20:56.84	7 M35	+ 42m11s	keine Angabe	00:46:35.59	00:45:19.14	00:49:02.11	

Sen 40 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	BUTT Miriam	038	82 02:18:57.68	1 W40		Spiridon Frankfurt	00:46:22.86	00:46:14.81	00:46:20.01	

Sen 40 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	GASSMANN Michael	074	81 01:54:12.32	1 M40		keine Angabe	00:37:41.77	00:38:33.50	00:37:57.05	

Sen 40 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
2 M	WEBER Jürgen	270	78 01:55:47.78	2 M40	+ 1m36s	Rodenbach	00:39:00.15	00:38:19.73	00:38:27.90	
3 M	ELLER Tim	055	81 02:01:59.75	3 M40	+ 7m48s	algemarin Team SV Traisa	00:40:24.04	00:40:01.48	00:41:34.23	
4 M	KAES Florian	309	79 02:04:37.92	4 M40	+ 10m26s	EOSC Offenbach	00:41:40.32	00:41:38.97	00:41:18.63	
5 M	SATTLER Christopher	216	81 02:08:30.28	5 M40	+ 14m18s	JSK Rodgau	00:44:02.98	00:42:32.44	00:41:54.86	
6 M	KITTNER Oliver	121	82 02:11:07.79	6 M40	+ 16m56s	keine Angabe	00:44:41.36	00:43:24.40	00:43:02.03	
7 M	RAIMONDI Angelo	192	82 02:14:50.52	7 M40	+ 20m39s	keine Angabe	00:45:59.23	00:44:02.99	00:44:48.30	
8 M	KUGLER Torben	135	80 02:25:10.80	8 M40	+ 30m59s	keine Angabe	00:48:51.38	00:48:35.36	00:47:44.06	
9 M	PRIESTER Björn	188	80 02:42:06.76	9 M40	+ 47m55s	HitaminPur Running Team	00:52:43.35	00:52:42.45	00:56:40.96	

Sen 45 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	BICKERT Christine	023	76 02:14:08.74	1 W45		TV Großostheim	00:46:01.68	00:44:39.79	00:43:27.27	
2 F	KUKULA Andrea	139	75 02:16:22.27	2 W45	+ 2m14s	JSK Rodgau	00:45:25.29	00:45:41.62	00:45:15.36	
3 F	KÜSTERS Karen	144	74 02:35:03.69	3 W45	+ 20m55s	Rodgau	00:50:46.07	00:50:45.58	00:53:32.04	
4 F	OSTERMANN Frauke	179	76 02:35:57.52	4 W45	+ 21m49s	RLT Rodgau	00:52:45.55	00:52:36.73	00:50:35.24	
5 F	SALOMON Annett	214	77 02:44:19.43	5 W45	+ 30m11s	keine Angabe	00:53:56.08	00:54:41.82	00:55:41.53	
6 F	WELLER Tanja	278	74 02:48:36.87	6 W45	+ 34m29s	keine Angabe	00:54:41.52	00:57:34.70	00:56:20.65	
7 F	VOLK Nicole	262	76 02:55:35.45	7 W45	+ 41m27s	Love is in the air!	01:02:05.15	01:00:13.92	00:53:16.38	
8 F	GOTTWEIS Christine	080	73 03:02:01.21	8 W45	+ 47m53s	SC Steinberg	00:59:32.21	01:01:11.08	01:01:17.92	

Sen 45 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	ADOLPHS Tim	003	73 01:57:33.58	1 M45		Eintracht Frankfurt Triathlon	00:39:55.12	00:38:51.90	00:38:46.56	
2 M	BUTZ Michael	039	74 01:59:44.55	2 M45	+ 2m11s	LuigiRunningDarmstadt	00:40:03.86	00:39:10.96	00:40:29.73	
3 M	WÖHRLE Alexander	286	73 02:02:05.74	3 M45	+ 4m33s	keine Angabe	00:40:54.86	00:40:23.46	00:40:47.42	
4 M	KUBALL Christian	133	76 02:03:11.50	4 M45	+ 5m38s	JSK Rodgau	00:42:19.82	00:40:06.11	00:40:45.57	
5 M	BLASCHEK Thomas	298	73 02:07:34.18	5 M45	+ 10m01s	SSC HANAU RODENBACH	00:46:16.42	00:40:14.76	00:41:03.00	
6 M	MENK Andreas	163	73 02:09:04.43	6 M45	+ 11m31s	Spiridon Frankfurt	00:42:44.77	00:42:11.57	00:44:08.09	
7 M	HERBERT Clemens	098	76 02:09:45.80	7 M45	+ 12m13s	Harema	00:44:59.00	00:42:50.89	00:41:55.91	
8 M	EFFENBERGER Denis	053	77 02:17:48.25	8 M45	+ 20m15s	keine Angabe	00:46:55.13	00:45:59.03	00:44:54.09	
9 M	KUGLER Sven	134	73 02:26:48.38	9 M45	+ 29m15s	keine Angabe	00:48:51.27	00:48:41.99	00:49:15.12	

Sen 45 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
10 M	GERBER Patrick	077	74 02:27:21.05	10 M45	+ 29m48s	Urban Runners Frankfurt	00:47:01.42	00:52:51.48	00:47:28.15	
11 M	ATTIG Frank	010	76 02:27:45.60	11 M45	+ 30m12s	LAUFZiel Aschaffenburg	00:49:48.95	00:47:27.18	00:50:29.47	
12 M	WINTER Steffen	285	76 02:28:55.93	12 M45	+ 31m23s	keine Angabe	00:49:20.33	00:49:46.82	00:49:48.78	
13 M	JUSE Kai	307	77 02:41:36.68	13 M45	+ 44m04s	keine Angabe	00:54:13.39	00:54:33.11	00:52:50.18	
14 M	SPYCHALA Dennis	240	77 02:55:39.19	14 M45	+ 58m06s	Love is in the air!	01:02:05.31	01:00:17.49	00:53:16.39	

Sen 50 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	HABERMANN Manuela	089	70 02:16:15.19	1 W50		keine Angabe	00:46:03.00	00:45:07.50	00:45:04.69	
2 F	RAMBELOSOA Ony	193	70 02:20:40.52	2 W50	+ 4m26s	keine Angabe	00:46:27.91	00:46:52.55	00:47:20.06	
3 F	KÜNNE Dana	141	72 02:45:01.87	3 W50	+ 28m47s	NDF Runners	00:55:54.43	00:54:20.09	00:54:47.35	
4 F	BIENENFELD Mirjam	024	71 02:50:03.99	4 W50	+ 33m49s	LG Offenbach	00:57:22.02	00:56:21.23	00:56:20.74	

Sen 50 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	KÖBLER Gregor	125	71 01:52:12.50	1 M50		TV 1878 Groß-Umstadt	00:37:09.52	00:37:04.57	00:37:58.41	
2 M	DEIKE Volker	047	68 02:03:11.02	2 M50	+ 10m59s	TuS Griesheim	00:39:55.77	00:39:59.40	00:43:15.85	
3 M	HUHN Stephan	297	71 02:09:28.57	3 M50	+ 17m17s	Eintracht Frankfurt Triathlon	00:44:00.44	00:42:55.16	00:42:32.97	
4 M	GEISSLER René	076	72 02:16:55.58	4 M50	+ 24m44s	TSG Kleinostheim	00:44:42.57	00:47:45.30	00:44:27.71	
5 M	KARL Martin	116	70 02:18:13.06	5 M50	+ 26m01s	TV Großostheim	00:46:48.65	00:45:44.36	00:45:40.05	
6 M	KÜNNE Sören	143	70 02:25:20.93	6 M50	+ 33m09s	Tria-Team-Bruchköbel e.V.	00:48:12.62	00:47:08.28	00:50:00.03	
7 M	DANGMANN Markus	045	69 02:25:53.76	7 M50	+ 33m42s	LG Rüsselshiem	00:48:11.18	00:48:07.20	00:49:35.38	
8 M	LÖWE Andreas	153	68 02:26:15.34	8 M50	+ 34m03s	Lauf Team Kassel	00:49:16.19	00:47:45.71	00:49:13.44	
9 M	OHLEMÜLLER Roland	177	68 02:31:16.43	9 M50	+ 39m04s	TV 1888 Reinheim	00:49:46.18	00:50:12.18	00:51:18.07	
10 M	DÖLLINGER Karsten	001	72 02:31:40.25	10 M50	+ 39m28s	RLT Rodgau	00:51:10.17	00:49:58.96	00:50:31.12	
11 M	KOKEMÜLLER Klaus-Heinrich	129	69 02:41:19.31	11 M50	+ 49m07s	TuS Griesheim Waldläufer	00:56:03.77	00:52:11.70	00:53:03.84	
12 M	FÖRSTER Albrecht	068	68 02:49:28.89	12 M50	+ 57m17s	Team Europa	00:56:52.02	00:55:41.12	00:56:55.75	

Sen 55 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	WEBER Petra	271	64	02:15:07.62	1 W55		Tria Team Bruchköbel	00:45:14.42	00:44:51.46	00:45:01.74	
2 F	FISCHER Bärbel	062	64	02:20:16.90	2 W55	+ 5m10s	RLT Rodgau	00:46:28.87	00:46:32.08	00:47:15.95	
3 F	PELZL Alexandra	184	67	02:53:31.89	3 W55	+ 38m25s	keine Angabe	00:59:49.82	00:57:25.56	00:56:16.51	
4 F	WESP Sabine	280	66	03:03:47.59	4 W55	+ 48m40s	Honolulu Laufteam	00:58:54.43	01:00:17.73	01:04:35.43	

Sen 55 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	MERNBERGER Oliver	164	65	01:53:23.30	1 M55		SKG Sprendlingen	00:37:57.84	00:37:30.74	00:37:54.72	
2 M	WINNHAUER Matthias	283	66	01:55:46.01	2 M55	+ 2m23s	Besi_Friends	00:39:23.91	00:37:32.04	00:38:50.06	
3 M	FISCHER Zeljko	064	65	02:15:49.02	3 M55	+ 22m26s	keine Angabe	00:45:00.24	00:44:43.36	00:46:05.42	
4 M	ULLRICH Frank	257	67	02:28:18.75	4 M55	+ 34m56s	TSG Eppstein	00:55:37.10	00:47:34.73	00:45:06.92	
5 M	SCHÖNFELDER Klaus	227	64	02:29:11.20	5 M55	+ 35m48s	Rumpelstilzchen	00:49:53.83	00:49:33.83	00:49:43.54	
6 M	DREWS Franz	051	63	02:32:10.80	6 M55	+ 38m48s	Spiridon Frankfurt	00:49:51.28	00:49:58.57	00:52:20.95	
7 M	BORSBACH Peter	029	67	02:55:51.89	7 M55	+ 1h02m29	keine Angabe	00:59:19.74	00:58:57.66	00:57:34.49	

Sen 60 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	MENDE Mercedes	162	62	03:10:53.21	1 W60		TSV Heusenstamm	01:02:27.83	01:04:43.84	01:03:41.54	

Sen 60 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	KÖHLER Karl-Heinz	126	61	02:01:07.09	1 M60		LG Bad Soden/Sulzbach/Neuenhain	00:40:35.63	00:39:51.72	00:40:39.74	
2 M	VETTER Matthias	261	60	02:15:05.74	2 M60	+ 13m59s	BSG Commerzbank	00:45:28.12	00:44:24.69	00:45:12.93	
3 M	KUHN Peter	137	60	02:20:01.87	3 M60	+ 18m55s	Spiridon Frankfurt	00:46:43.15	00:46:28.09	00:46:50.63	
4 M	VON DER GRÜN Klaus	264	59	02:24:41.23	4 M60	+ 23m35s	TG Schwanheim	00:47:53.80	00:49:20.11	00:47:27.32	
5 M	SCHMIDT Kees	222	62	02:27:01.61	5 M60	+ 25m55s	BSG L4P	00:48:59.06	00:48:40.23	00:49:22.32	
6 M	VON WOLFF Ludwig	265	58	02:32:20.99	6 M60	+ 31m14s	Spiridon Frankfurt e. V./ Lauflotse Haspama	00:49:39.39	00:51:06.90	00:51:34.70	
7 M	LOPEZ Jesus	151	59	02:39:06.38	7 M60	+ 38m00s	keine Angabe	00:52:52.04	00:53:17.17	00:52:57.17	
8 M	ELBRECHT Heinz	054	58	02:52:54.70	8 M60	+ 51m48s	Hillhunter-Hessen	00:54:56.32	00:58:00.01	00:59:58.37	

Sen 60 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
9 M	WEIMAR Peter	275	58 04:47:16.88	9 M60	+ 2h46m10	LT Rheinhessen-Pfalz	01:37:21.49	01:40:23.62	01:29:31.77	

Sen 65 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	HERMES Marita	099	55 02:56:54.28	1 W65		RLT Rodgau	00:57:27.00	00:57:55.28	01:01:32.00	

Sen 65 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	BURKHARDT Werner	036	56 02:16:37.54	1 M65		LT Rheinhessen-Pfalz	00:46:13.16	00:43:54.57	00:46:29.81	
2 M	SCHEIBE Gerd	220	56 02:26:43.94	2 M65	+ 10m07s	TV Hergershausen	00:48:26.99	00:49:11.59	00:49:05.36	
3 M	MENDE Erhard	161	57 02:41:45.93	3 M65	+ 25m09s	TSV Heusenstamm	00:52:57.25	00:54:56.49	00:53:52.19	
4 M	BINZEL Erich	025	57 02:43:36.03	4 M65	+ 26m59s	LT Rheinhessen-Pfalz/Gutenberg-Marathon	00:51:52.93	00:55:14.32	00:56:28.78	

Sen 70 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	GÖTTNAUER Margret	079	52 02:25:02.87	1 W70		LG BSN	00:46:39.58	00:46:34.40	00:51:48.89	

Sen 70 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	SEMMELE Peter	234	52 02:35:05.81	1 M70		TV Waldstraße Wiesbaden	00:51:20.08	00:51:49.72	00:51:56.01	
2 M	LIPPERT Berthold	150	50 02:44:59.12	2 M70	+ 9m54s	TV Goldbach	00:53:37.53	00:55:00.64	00:56:20.95	
3 M	WIEDERSPAHN Klaus	329	50 02:55:17.76	3 M70	+ 20m12s	LG Rodgau	00:58:08.12	00:59:16.68	00:57:52.96	
4 M	VAHL Jochen	259	49 02:59:29.13	4 M70	+ 24m24s	Spiridon Frankfurt	00:58:48.81	00:58:12.55	01:02:27.77	
5 M	WALPER Gerhard	269	50 03:00:55.70	5 M70	+ 25m50s	RLT Rodgau	00:59:35.10	00:59:25.34	01:01:55.26	
6 M	SCHMIDT Erwin	221	52 04:20:51.16	6 M70	+ 1h45m46	LAZ Oberrburg-Miltenberg	01:31:56.75	01:30:03.47	01:18:50.94	