

Platz	M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz	AK	GAP	Team / Verein	Nov 22	(Pl.)	Dez 22	(Pl.)	Jan 23	(Pl.)	Feb 23	(Pl.)
1	M	MC SWINEY Aidan	160	84	01:05:01.02	1	M35		TSV Schott Mainz	00:33:45.26	3	00:32:36.50	1	00:32:24.52	2		
2	M	BERGMANN Nils	019	98	01:06:18.38	1	M	+ 1m18s	TV Waldstraße Wiesbaden	00:32:56.81	1	00:33:21.57	3				
3	M	WÜRTENBERGER Janis	290	94	01:06:47.78	2	M	+ 1m47s	SSC Hanau Rodenbach	00:34:01.02	4	00:32:46.76	2				
4	M	JECKEL Daniel	110	97	01:07:05.33	3	M	+ 2m05s	LEX Laufexperten Mainz	00:33:40.82	2			00:33:24.51	3		
5	M	BECKER Fynn	017	03	01:07:55.89	1	U20	+ 2m55s	SSC Hanau-Rodenbach	00:34:21.32	6	00:33:34.57	4				
6	M	STAHL Dominic	332	91	01:08:28.32	1	M30	+ 3m28s	Adidas Runners	00:34:15.53	5	00:34:18.22	5	00:34:12.79	4		
7	M	ZEHNDER Jürgen	291	74	01:09:15.49	1	M45	+ 4m15s	TSV Pfungstadt	00:34:54.90	7	00:34:20.59	6				
8	M	HEROLD Niklas	100	80	01:10:10.10	1	M40	+ 5m10s	keine Angabe	00:35:25.50	8	00:34:44.60	9				
9	M	LIK Michael	148	78	01:10:19.73	2	M40	+ 5m19s	Team Bad Orb - Gesund im Spessart	00:35:40.87	9	00:34:38.86	8				
10	M	KUTTICH Björn	321	86	01:10:20.10	2	M35	+ 5m20s	TuS Griesheim			00:35:08.47	11	00:35:11.63	6		
11	M	NOHE Daniel	174	95	01:10:50.85	4	M	+ 5m50s	Spiridon Frankfurt	00:36:06.58	10	00:35:55.69	13	00:34:55.16	5		
1	F	MOSER Tania	331	90	01:11:19.12	1	W30		Spiridon Frankfurt	00:36:13.89	11	00:35:51.14	12	00:35:27.98	7		
2	F	BAIST Franziska	013	91	01:11:57.45	2	W30	+ 39s	SGK Bad Homburg			00:35:58.72	14	00:35:58.73	8		
12	M	RÖCKLE Silas	210	89	01:12:54.32	2	M30	+ 7m54s	Spiridon Frankfurt	00:36:18.52	12	00:36:37.28	17	00:36:35.80	9		
13	M	PIETERS Fabian	187	93	01:13:28.22	5	M	+ 8m28s	TUS Kölm rrh.	00:37:10.68	14	00:36:17.54	16				
14	M	KÖBLER Gregor	125	71	01:14:14.09	1	M50	+ 9m14s	TV 1878 Groß-Umstadt	00:37:09.52	13	00:37:04.57	18	00:37:58.41	15		
15	M	ROUSSEL Cédric	212	97	01:14:33.66	6	M	+ 9m33s	TCEC Mainz	00:37:37.04	16			00:36:56.62	10		
16	M	REINKE Ingbert	198	77	01:14:59.36	2	M45	+ 9m59s	SSC Hanau-Rodenbach	00:38:47.95	27	00:36:11.41	15				
17	M	HOLLMANN SERGEJ	235	86	01:15:12.05	3	M35	+ 10m11s	keine Angabe	00:37:57.16	19	00:37:14.89	19				
18	M	MÜLLER Tim Nikolas	170	81	01:15:19.24	3	M40	+ 10m19s	SG All-Stars	00:38:01.07	22	00:37:18.17	20				
3	F	MÜLLER Lena Erja	168	98	01:15:23.58	1	W	+ 4m05s	TG Melbach	00:37:46.01	18	00:37:37.57	25				
4	F	HEININGER Nadja	093	89	01:15:24.81	3	W30	+ 4m06s	SSC Hanau Rodenbach	00:38:03.84	23	00:37:20.97	22				
19	M	MERNBERGER Oliver	164	65	01:15:25.46	1	M55	+ 10m25s	SKG Sprendlingen	00:37:57.84	20	00:37:30.74	23	00:37:54.72	13		
20	M	GASSMANN Michael	074	81	01:15:38.82	4	M40	+ 10m38s	keine Angabe	00:37:41.77	17	00:38:33.50	29	00:37:57.05	14		
21	M	FISCHER Christian	063	94	01:15:45.84	7	M	+ 10m45s	keine Angabe	00:38:27.32	25	00:37:18.52	21	00:41:00.09	40		
22	M	MORR Julian	166	90	01:16:08.83	3	M30	+ 11m08s	keine Angabe			00:38:30.88	28	00:37:37.95	11		
23	M	WINNHAEUER Matthias	283	66	01:16:22.10	2	M55	+ 11m22s	Besi_Friends	00:39:23.91	37	00:37:32.04	24	00:38:50.06	22		
24	M	SCHÄFER Jan	312	87	01:16:25.55	4	M35	+ 11m25s	TuS Griesheim	00:39:22.71	35	00:38:38.00	31	00:37:47.55	12		
25	M	OBST Michael	175	70	01:16:41.45	2	M50	+ 11m41s	TuS Griesheim	00:37:58.51	21			00:38:42.94	20		
26	M	WEBER Jürgen	270	78	01:16:47.63	5	M40	+ 11m47s	Rodenbach	00:39:00.15	31	00:38:19.73	26	00:38:27.90	17		
5	F	CHACON Laura	041	88	01:17:23.44	4	W30	+ 6m05s	Asics Fronrunner	00:38:56.05	28	00:38:27.39	27				
27	M	PAWLIKOWSKI Adam	183	76	01:17:24.50	3	M45	+ 12m24s	ECB running section			00:38:52.54	34	00:38:31.96	18		
28	M	ADOLPHS Tim	003	73	01:17:38.46	4	M45	+ 12m38s	Eintracht Frankfurt Triathlon	00:39:55.12	41	00:38:51.90	32	00:38:46.56	21		
6	F	EULER Tatjana	057	99	01:17:53.18	2	W	+ 6m35s	TV Dieburg			00:39:35.92	46	00:38:17.26	16		
29	M	PATT Lasse	181	04	01:18:00.18	2	U20	+ 13m00s	SC Oberursel	00:38:57.34	29	00:39:02.84	35	00:40:14.17	29		
30	M	ADAM Dominik	002	89	01:18:00.54	4	M30	+ 13m00s	TUS Griesheim	00:39:22.72	36	00:38:37.82	30				
31	M	HOSKE Anton	334	98	01:18:03.49	8	M	+ 13m03s	keine Angabe	00:41:24.27	62	00:39:23.53	42	00:38:39.96	19		

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32	M	GOTTWEIS Raphael	082	03	01:18:24.42	3	U20	+ 13m24s	SC Steinberg	00:39:18.03	34	00:39:06.39	36	00:39:40.50	26		
33	M	FOCHT Alexander	067	88	01:18:48.63	5	M30	+ 13m48s	keine Angabe	00:39:53.12	39	00:39:22.60	41	00:39:26.03	25		
34	M	OTT Alexander	180	85	01:18:51.07	5	M35	+ 13m50s	LG Seligenstadt	00:41:38.49	64	00:39:32.09	43	00:39:18.98	24		
7	F	REINDL Rosali	196	90	01:19:05.80	5	W30	+ 7m47s	keine Angabe	00:39:53.87	40	00:39:11.93	40				
35	M	HEß Clemens	105	80	01:19:11.15	6	M40	+ 14m11s	MTV Urberach	00:40:03.51	43	00:39:07.64	37				
36	M	BUTZ Michael	039	74	01:19:14.82	5	M45	+ 14m14s	LuigiRunningDarmstadt	00:40:03.86	44	00:39:10.96	39	00:40:29.73	33		
37	M	EMICH Bennett	315	95	01:19:18.68	9	M	+ 14m18s	HolzMehr			00:40:19.98	54	00:38:58.70	23		
38	M	RICHTER John	327	90	01:19:26.10	6	M30	+ 14m26s	Laufteam Nowalala / EOSC Triathlon			00:39:34.99	45	00:39:51.11	27		
39	M	MADER Theodor	308	81	01:19:26.62	7	M40	+ 14m26s	Spiridon Frankfurt	00:38:59.92	30			00:40:26.70	32		
40	M	GROSCH Heiko	086	77	01:19:27.81	6	M45	+ 14m27s	VFS Rödermark	00:40:35.80	51	00:38:52.01	33				
41	M	MAYER Markus	159	87	01:19:41.59	6	M35	+ 14m41s	IG Trailrunning Taunus	00:40:08.13	45	00:39:33.46	44				
42	M	RICHTER Martin	207	77	01:19:42.82	7	M45	+ 14m42s	keine Angabe	00:39:06.71	32	00:40:36.11	57				
43	M	FISCHER Jan-Ruben	300	75	01:19:46.86	8	M45	+ 14m46s	Eintracht Frankfurt Triathlon	00:40:38.01	52	00:39:08.85	38				
44	M	DEIKE Volker	047	68	01:19:55.17	3	M50	+ 14m55s	TuS Griesheim	00:39:55.77	42	00:39:59.40	50	00:43:15.85	56		
45	M	ELLER Tim	055	81	01:20:25.52	8	M40	+ 15m25s	algemarin Team SV Traisa	00:40:24.04	47	00:40:01.48	51	00:41:34.23	44		
46	M	SCHROTH Tim	229	97	01:20:27.24	10	M	+ 15m27s	EOSC Offenbach Triathlon	00:40:35.11	49	00:39:52.13	49				
47	M	KÖHLER Karl-Heinz	126	61	01:20:27.35	1	M60	+ 15m27s	LG Bad Soden/Sulzbach/Neuenhain	00:40:35.63	50	00:39:51.72	48	00:40:39.74	34		
48	M	BERNARDING Tobias	020	88	01:20:45.34	7	M30	+ 15m45s	TuS Griesheim	00:40:38.11	53	00:43:15.51	70	00:40:07.23	28		
49	M	KUBALL Christian	133	76	01:20:51.68	9	M45	+ 15m51s	JSK Rodgau	00:42:19.82	70	00:40:06.11	52	00:40:45.57	36		
50	M	WEIMAR Marcel	274	95	01:21:05.27	11	M	+ 16m05s	LT Rheinhessen-Pfalz	00:42:40.84	72	00:40:24.35	56	00:40:40.92	35		
51	M	WIEGAND Frank	281	65	01:21:07.70	3	M55	+ 16m07s	Passtschon98	00:39:09.06	33			00:41:58.64	48		
52	M	KUNKEL Alexander	140	88	01:21:10.69	8	M30	+ 16m10s	TSG Kleinostheim	00:41:26.19	63	00:39:44.50	47				
53	M	WÖHRLE Alexander	286	73	01:21:10.88	10	M45	+ 16m10s	keine Angabe	00:40:54.86	57	00:40:23.46	55	00:40:47.42	37		
54	M	BLASCHEK Thomas	298	73	01:21:17.76	11	M45	+ 16m17s	SSC HANAU RODENBACH	00:46:16.42	108	00:40:14.76	53	00:41:03.00	41		
8	F	TÄTZSCH Nina-Juliette	251	00	01:21:44.37	3	W	+ 10m26s	LG Stadtwerke München	00:40:45.45	54			00:40:58.92	39		
55	M	OSTERMANN Michael	324	76	01:21:44.57	12	M45	+ 16m44s	RLT Rodgau			00:40:49.70	59	00:40:54.87	38		
56	M	LACHACZ Olaf	145	67	01:22:21.38	4	M55	+ 17m21s	SG Rodheim	00:41:40.97	66	00:40:40.41	58				
9	F	RAHNER Annika	191	97	01:22:44.01	4	W	+ 11m25s	Eintracht Frankfurt Triathlon e.V.	00:42:17.98	68	00:42:53.71	67	00:40:26.03	31		
57	M	KÜNNER Jan Erik	142	98	01:22:47.35	12	M	+ 17m47s	Eintracht Frankfurt Triathlon e.V.	00:48:12.90	141	00:34:34.45	7				
58	M	STACHEL Christian	241	83	01:22:52.63	7	M35	+ 17m52s	keine Angabe	00:41:23.66	61			00:41:28.97	43		
59	M	KAES Florian	309	79	01:22:57.60	9	M40	+ 17m57s	EOSC Offenbach	00:41:40.32	65	00:41:38.97	61	00:41:18.63	42		
60	M	LANDSIEDEL Chris	146	89	01:23:03.73	9	M30	+ 18m03s	TuS Griesheim	00:41:21.82	59	00:41:41.91	62	00:42:37.30	51		
10	F	WOYNA Irene	289	83	01:23:25.59	1	W35	+ 12m07s	IBC Dimb Racing Team	00:41:15.74	58			00:42:09.85	49		
61	M	SATTLER Christopher	216	81	01:24:27.30	10	M40	+ 19m27s	JSK Rodgau	00:44:02.98	81	00:42:32.44	64	00:41:54.86	46		
62	M	SCHAEFER-BRAND Jakob	217	92	01:24:31.80	10	M30	+ 19m31s	Team Brand	00:45:23.46	95	00:42:53.17	66	00:41:38.63	45		
63	M	HERBERT Clemens	098	76	01:24:46.80	13	M45	+ 19m46s	Harema	00:44:59.00	91	00:42:50.89	65	00:41:55.91	47		
64	M	DANGMANN Thimo	046	96	01:24:56.05	13	M	+ 19m55s	LG Rüsselsheim	00:40:12.36	46	00:45:17.42	87	00:44:43.69	65		

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65	M	MENK Andreas	163	73	01:24:56.34	14	M45	+ 19m56s	Spiridon Frankfurt	00:42:44.77	73	00:42:11.57	63	00:44:08.09	60		
66	M	LUKAS André	156	94	01:24:58.44	14	M	+ 19m58s	SV Gelnhausen 1924 e.V.			00:41:35.23	60	00:43:23.21	58		
67	M	GEIER Sven	075	84	01:25:11.02	8	M35	+ 20m10s	keine Angabe	00:42:16.23	67			00:42:54.79	52		
68	M	BARON Alexander	015	90	01:25:27.38	11	M30	+ 20m27s	OPTIMUM Sportbrillen	00:42:18.16	69			00:43:09.22	55		
69	M	HUHN Stephan	297	71	01:25:28.13	4	M50	+ 20m28s	Eintracht Frankfurt Triathlon	00:44:00.44	80	00:42:55.16	68	00:42:32.97	50		
70	M	VETTER Marco	260	91	01:25:40.90	12	M30	+ 20m40s	FSV Kloppenheim 1954 e.V.	00:39:49.33	38			00:45:51.57	77		
11	F	SCHÄFER Tamara	311	89	01:25:57.64	6	W30	+ 14m39s	TuS Griesheim Leichtathletik	00:42:38.86	71			00:43:18.78	57		
12	F	SKALSKY Eva	238	81	01:26:02.35	1	W40	+ 14m44s	LuT Aschaffenburg	00:42:58.70	74			00:43:03.65	54		
71	M	KITTNER Oliver	121	82	01:26:26.43	11	M40	+ 21m26s	keine Angabe	00:44:41.36	88	00:43:24.40	72	00:43:02.03	53		
13	F	ZEHNDER Tanja	292	75	01:26:35.67	1	W45	+ 15m17s	TSV Pfungstadt	00:43:36.09	77	00:42:59.58	69				
14	F	BURK Anna-Lena	035	94	01:27:09.83	5	W	+ 15m51s	SF Tria Roßdorf	00:43:03.30	75	00:44:06.53	80				
15	F	GRYGOSCH Sigrid	087	67	01:27:16.64	1	W55	+ 15m58s	Teutonia Hausen	00:43:52.38	79	00:43:24.26	71				
72	M	KÜHN Carl	136	66	01:28:06.33	5	M55	+ 23m06s	Hüttenberger Land Läufer	00:44:16.49	85	00:43:49.84	73				
16	F	BICKERT Christine	023	76	01:28:07.06	2	W45	+ 16m48s	TV Großostheim	00:46:01.68	103	00:44:39.79	83	00:43:27.27	59		
73	M	NEUNER Philipp	173	82	01:28:09.77	12	M40	+ 23m09s	Fahrrad XXL Franz	00:44:14.42	84	00:43:55.35	76				
17	F	TYWCZYNSKI Joanna	256	72	01:28:12.29	1	W50	+ 16m54s	ASC Darmstadt			00:43:56.99	77	00:44:15.30	62		
74	M	HAMEISTER Martin	302	88	01:28:26.64	13	M30	+ 23m26s	BSG Goodyear	00:44:17.65	86			00:44:08.99	61		
75	M	WEISHAUPT Christian	277	62	01:28:44.74	2	M60	+ 23m44s	TSG Kleinostheim			00:44:11.19	81	00:44:33.55	64		
76	M	RAIMONDI Angelo	192	82	01:28:51.29	13	M40	+ 23m51s	keine Angabe	00:45:59.23	102	00:44:02.99	79	00:44:48.30	66		
77	M	STÜKER Andreas	249	86	01:28:52.80	9	M35	+ 23m52s	Erdinger Active Team	00:44:55.33	90	00:43:57.47	78	00:47:47.17	97		
78	M	GEISLER René	076	72	01:29:10.28	5	M50	+ 24m10s	TSG Kleinostheim	00:44:42.57	89	00:47:45.30	113	00:44:27.71	63		
18	F	PFEIFER Kai	325	82	01:29:35.80	2	W40	+ 18m17s	keine Angabe	00:45:44.24	101	00:43:51.56	74				
79	M	VETTER Matthias	261	60	01:29:37.62	3	M60	+ 24m37s	BSG Commerzbank	00:45:28.12	97	00:44:24.69	82	00:45:12.93	73		
80	M	FISCHER Zeljko	064	65	01:29:43.60	6	M55	+ 24m43s	keine Angabe	00:45:00.24	92	00:44:43.36	84	00:46:05.42	78		
81	M	STORCK René	246	83	01:29:52.53	10	M35	+ 24m52s	SF Tria Rossdorf	00:44:12.07	83	00:45:40.46	90	00:47:43.61	95		
19	F	WEBER Petra	271	64	01:29:53.20	2	W55	+ 18m35s	Tria Team Bruchköbel	00:45:14.42	93	00:44:51.46	85	00:45:01.74	69		
82	M	BURKHARDT Werner	036	56	01:30:07.73	1	M65	+ 25m07s	LT Rheinhessen-Pfalz	00:46:13.16	105	00:43:54.57	75	00:46:29.81	83		
20	F	HABERMANN Manuela	089	70	01:30:12.19	2	W50	+ 18m54s	keine Angabe	00:46:03.00	104	00:45:07.50	86	00:45:04.69	70		
83	M	MOTSCHENBACHER Dirk	167	80	01:30:30.23	14	M40	+ 25m30s	Eintracht Frankfurt Triathlon	00:45:32.09	98			00:44:58.14	68		
21	F	KUKULA Andrea	139	75	01:30:40.65	3	W45	+ 19m22s	JSK Rodgau	00:45:25.29	96	00:45:41.62	91	00:45:15.36	74		
84	M	EFFENBERGER Denis	053	77	01:30:53.12	15	M45	+ 25m53s	keine Angabe	00:46:55.13	123	00:45:59.03	95	00:44:54.09	67		
85	M	KARL Martin	116	70	01:31:24.41	6	M50	+ 26m24s	TV Großostheim	00:46:48.65	122	00:45:44.36	93	00:45:40.05	76		
86	M	SANNA Giuseppe Marco	215	68	01:31:36.86	7	M50	+ 26m36s	IchIch1968	00:45:42.53	100	00:45:54.33	94				
22	F	FIEBIG-KELLER Claudia	316	64	01:31:51.54	3	W55	+ 20m33s	TV Hergershausen			00:45:43.20	92	00:46:08.34	79		
87	M	STEINERT Christian	243	85	01:31:54.73	11	M35	+ 26m54s	keine Angabe	00:46:35.59	116	00:45:19.14	88	00:49:02.11	108		
88	M	OPP Gunnar	178	76	01:32:09.81	16	M45	+ 27m09s	TUS Griesheim	00:46:34.56	115	00:45:35.25	89				
23	F	EBELING Annette	052	70	01:32:28.85	3	W50	+ 21m10s	Tria Team Bruchkoebel	00:46:15.79	107			00:46:13.06	80		

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24	F	BUTT Miriam	038	82	01:32:34.82	3	W40	+ 21m16s	Spiridon Frankfurt	00:46:22.86	111	00:46:14.81	97	00:46:20.01	81		
89	M	BREYER Dr. Ralf	033	59	01:32:37.09	4	M60	+ 27m37s	Frankfurter Volleyballverein (FVV)	00:45:39.19	99	00:46:57.90	103				
90	M	ULLRICH Frank	257	67	01:32:41.65	7	M55	+ 27m41s	TSG Eppstein	00:55:37.10	210	00:47:34.73	110	00:45:06.92	71		
25	F	FISCHER Bärbel	062	64	01:33:00.95	4	W55	+ 21m42s	RLT Rodgau	00:46:28.87	113	00:46:32.08	100	00:47:15.95	89		
91	M	SCHILL Markus	295	85	01:33:10.56	12	M35	+ 28m10s	keine Angabe	00:46:38.91	118	00:46:31.65	99	00:47:10.23	87		
92	M	KUHN Peter	137	60	01:33:11.24	5	M60	+ 28m11s	Spiridon Frankfurt	00:46:43.15	120	00:46:28.09	98	00:46:50.63	86		
26	F	GÖTTNAUER Margret	079	52	01:33:13.98	1	W70	+ 21m55s	LG BSN	00:46:39.58	119	00:46:34.40	101	00:51:48.89	131		
27	F	RAMBELOSOA Ony	193	70	01:33:20.46	4	W50	+ 22m02s	keine Angabe	00:46:27.91	112	00:46:52.55	102	00:47:20.06	90		
93	M	SCHÄFER Thomas	218	78	01:33:55.51	15	M40	+ 28m55s	RLT Rodgau	00:47:08.14	127			00:46:47.37	85		
94	M	PATT Torsten	182	66	01:34:06.47	8	M55	+ 29m06s	SC Oberursel	00:46:14.61	106			00:47:51.86	99		
95	M	KRONIGER Axel	304	64	01:34:24.80	9	M55	+ 29m24s	TV Stierstadt	00:48:22.33	143	00:46:02.47	96				
96	M	SCHMITT Sebastian	223	72	01:34:28.46	8	M50	+ 29m28s	Spiridon Frankfurt	00:46:22.45	110			00:48:06.01	101		
97	M	GERBER Patrick	077	74	01:34:29.57	17	M45	+ 29m29s	Urban Runners Frankfurt	00:47:01.42	126	00:52:51.48	156	00:47:28.15	92		
98	M	FLEISCHMANN Jochen	066	61	01:34:42.10	6	M60	+ 29m42s	SC Steinberg			00:47:27.62	107	00:47:14.48	88		
99	M	THEIS Markus	254	80	01:34:52.68	16	M40	+ 29m52s	One Endurance Team	00:47:15.89	128			00:47:36.79	93		
100	M	REß Thorsten	204	76	01:35:03.06	18	M45	+ 30m02s	TV Goldbach	00:47:00.82	125	00:48:02.24	116				
28	F	LINDNER Anne	310	84	01:35:05.23	2	W35	+ 23m47s	Lindner OF	00:48:06.77	138	00:46:58.46	104				
101	M	FELLMANN Andreas	060	67	01:35:09.41	10	M55	+ 30m09s	Fix_Foxi	00:46:37.46	117	00:48:31.95	123				
29	F	VOLZ Jasmin	263	97	01:35:13.76	6	W	+ 23m55s	MTG Mannheim			00:49:48.74	136	00:45:25.02	75		
30	F	HERRMANN Nina	101	96	01:35:17.40	7	W	+ 23m59s	#teamthilobickert	00:46:45.51	121	00:48:31.89	122				
102	M	KÜNNE Sören	143	70	01:35:20.90	9	M50	+ 30m20s	Tria-Team-Bruchköbel e.V.	00:48:12.62	140	00:47:08.28	105	00:50:00.03	119		
103	M	VON DER GRÜN Klaus	264	59	01:35:21.12	7	M60	+ 30m21s	TG Schwanheim	00:47:53.80	132	00:49:20.11	132	00:47:27.32	91		
31	F	HESSE Jessica	104	95	01:35:27.35	8	W	+ 24m09s	TV Gelnhausen	00:47:46.03	130	00:47:41.32	112				
32	F	REZAGHOLINIA Sandra	203	88	01:35:41.58	7	W30	+ 24m23s	keine Angabe	00:48:01.72	136	00:52:53.99	157	00:47:39.86	94		
33	F	REEG Alexandra	195	77	01:35:58.69	4	W45	+ 24m40s	SC Güttersbach	00:48:19.80	142	00:47:38.89	111				
104	M	DANGMANN Markus	045	69	01:36:18.38	10	M50	+ 31m18s	LG Rüsselsheim	00:48:11.18	139	00:48:07.20	117	00:49:35.38	114		
34	F	RICHTER Swantje	208	81	01:36:18.70	4	W40	+ 25m00s	Neckarau parkrun / TV Rheinau			00:49:49.17	137	00:46:29.53	82		
105	M	KUGLER Torben	135	80	01:36:19.42	17	M40	+ 31m19s	keine Angabe	00:48:51.38	146	00:48:35.36	124	00:47:44.06	96		
106	M	BAUER Wolfgang	016	59	01:36:20.78	8	M60	+ 31m20s	Offenbacher LC	00:47:58.95	135			00:48:21.83	102		
107	M	KEßLER René	120	92	01:36:28.20	14	M30	+ 31m28s	SV Nikar Heidelberg e.V.	00:48:56.77	147	00:47:31.43	109	00:50:05.20	120		
108	M	HEIN Paul	092	79	01:36:28.81	18	M40	+ 31m28s	LG BSN			00:47:30.82	108	00:48:57.99	107		
109	M	DEINES Konrad	303	67	01:36:29.31	11	M55	+ 31m29s	Team Asphaltchu	00:47:48.43	131			00:48:40.88	104		
110	M	WINTER Gunther	284	70	01:36:49.12	11	M50	+ 31m49s	RLT Rodgau	00:48:03.69	137			00:48:45.43	105		
111	M	HABICHT Jan	317	77	01:36:53.63	19	M45	+ 31m53s	Feuerwehr Rodgau Mitte			00:47:59.94	115	00:48:53.69	106		
112	M	LÖWE Andreas	153	68	01:36:59.15	12	M50	+ 31m59s	Lauf Team Kassel	00:49:16.19	152	00:47:45.71	114	00:49:13.44	110		
113	M	ATTIG Frank	010	76	01:37:16.13	20	M45	+ 32m16s	LAUFZiel Aschaffenburg	00:49:48.95	157	00:47:27.18	106	00:50:29.47	122		
35	F	FISCHINGER Frida	065	07	01:37:19.01	1	U16	+ 26m00s	TV Gelnhausen	00:49:09.83	150	00:48:09.18	118				

Platz	M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz	AK	GAP	Team / Verein	Nov 22	(Pl.)	Dez 22	(Pl.)	Jan 23	(Pl.)	Feb 23	(Pl.)
114	M	OHLEMÜLLER Felix	176	00	01:37:24.11	15	M	+ 32m24s	keine Angabe	00:47:41.98	129	00:49:42.13	134	00:56:46.42	163		
115	M	SCHEIBE Gerd	220	56	01:37:32.35	2	M65	+ 32m32s	TV Hergershausen	00:48:26.99	144	00:49:11.59	131	00:49:05.36	109		
116	M	KUGLER Sven	134	73	01:37:33.26	21	M45	+ 32m33s	keine Angabe	00:48:51.27	145	00:48:41.99	128	00:49:15.12	111		
117	M	SCHMIDT Kees	222	62	01:37:39.29	9	M60	+ 32m39s	BSG L4P	00:48:59.06	148	00:48:40.23	127	00:49:22.32	112		
36	F	ARNOLD Nina	006	81	01:37:41.06	5	W40	+ 26m22s	Neckarau parkrun			00:49:53.35	138	00:47:47.71	98		
118	M	GROH Wolfgang	085	69	01:37:43.53	13	M50	+ 32m43s	Turngemeinde 08 Ober-Roden	00:49:28.43	154	00:48:15.10	120				
119	M	EURICH Claus	058	72	01:37:51.13	14	M50	+ 32m51s	Turngemeinde 08 Ober-Roden			00:48:14.93	119	00:49:36.20	115		
120	M	SCHAAF André	336	73	01:38:11.12	22	M45	+ 33m11s	Die Mannschaft mit der Maus			00:48:38.31	126	00:49:32.81	113		
37	F	BOURGUIGNON Raileen	030	70	01:38:11.77	5	W50	+ 26m53s	TSG Kleinostheim	00:49:12.25	151	00:48:59.52	129				
121	M	SCHÜTTLER Wilhelm	231	54	01:38:17.71	3	M65	+ 33m17s	TV Waldstraße Wiesbaden	00:46:21.48	109			00:51:56.23	133		
38	F	REVESZ Monika	202	76	01:38:38.76	5	W45	+ 27m20s	keine Angabe	00:50:09.14	163	00:48:29.62	121				
39	F	SOVONJA Annett	239	81	01:38:45.20	6	W40	+ 27m27s	RLT Rodgau	00:50:09.05	162	00:48:36.15	125				
40	F	REINTGEN Franziska	199	86	01:39:06.43	3	W35	+ 27m48s	SF Tria Rossdorf	00:51:14.38	175	00:49:10.11	130	00:49:56.32	118		
122	M	WINTER Steffen	285	76	01:39:07.15	23	M45	+ 34m07s	keine Angabe	00:49:20.33	153	00:49:46.82	135	00:49:48.78	117		
123	M	SCHÖNFELDER Klaus	227	64	01:39:17.37	12	M55	+ 34m17s	Rumpelstilzchen	00:49:53.83	159	00:49:33.83	133	00:49:43.54	116		
41	F	DEINES Olivia	301	97	01:39:26.92	9	W	+ 28m08s	Team Asphalt-schlurfer	00:51:33.92	179			00:47:53.00	100		
124	M	DREWS Franz	051	63	01:39:49.85	13	M55	+ 34m49s	Spiridon Frankfurt	00:49:51.28	158	00:49:58.57	139	00:52:20.95	135		
125	M	OHLEMÜLLER Roland	177	68	01:39:58.36	15	M50	+ 34m58s	TV 1888 Reinheim	00:49:46.18	156	00:50:12.18	141	00:51:18.07	128		
126	M	DÖLLINGER Karsten	001	72	01:40:30.08	16	M50	+ 35m30s	RLT Rodgau	00:51:10.17	172	00:49:58.96	140	00:50:31.12	123		
127	M	VON WOLFF Ludwig	265	58	01:40:46.29	10	M60	+ 35m46s	Spiridon Frankfurt e. V./ Laulotse Haspama	00:49:39.39	155	00:51:06.90	146	00:51:34.70	130		
128	M	WINKELS Jan	282	79	01:41:03.10	19	M40	+ 36m03s	You never RUN alone !	00:50:14.66	164			00:50:48.44	126		
129	M	SIPPEL Jürgen	237	56	01:41:16.79	4	M65	+ 36m16s	REA Card Triathlon Team TuS Griesheim	00:50:52.96	169	00:50:23.83	142				
130	M	BORGIOLI Stefano	028	65	01:41:20.12	14	M55	+ 36m20s	ECB Running/Triathlon Section	00:50:33.28	167			00:50:46.84	125		
42	F	KÜSTERS Karen	144	74	01:41:31.65	6	W45	+ 30m13s	Rodgau	00:50:46.07	168	00:50:45.58	144	00:53:32.04	146		
43	F	SEIB Bere	232	81	01:42:05.21	7	W40	+ 30m47s	guilty76 racing			00:51:00.29	145	00:51:04.92	127		
131	M	KREH Matthia	132	80	01:42:18.12	20	M40	+ 37m18s	Groß-Umstadt	00:49:57.09	160			00:52:21.03	136		
44	F	GOTTWEIS Jacqueline	081	00	01:42:21.41	10	W	+ 31m03s	SC Steinberg	00:51:04.75	171	00:51:16.66	148	00:56:46.42	162		
132	M	MUTH Jürgen	171	64	01:42:48.51	15	M55	+ 37m48s	Offenbacher LC	00:51:24.87	177	00:51:23.64	149				
45	F	DREES Anna	305	93	01:42:58.29	11	W	+ 31m40s	keine Angabe	00:50:55.48	170			00:52:02.81	134		
133	M	SEMMEL Peter	234	52	01:43:09.80	1	M70	+ 38m09s	TV Waldstraße Wiesbaden	00:51:20.08	176	00:51:49.72	150	00:51:56.01	132		
46	F	OSTERMANN Frauke	179	76	01:43:11.97	7	W45	+ 31m53s	RLT Rodgau	00:52:45.55	188	00:52:36.73	153	00:50:35.24	124		
47	F	RICHTER Finja	205	03	01:43:20.93	1	U20	+ 32m02s	TV Gelnhausen	00:50:17.71	165	00:53:03.22	159				
134	M	KAISER Manfred	115	58	01:43:28.09	11	M60	+ 38m28s	SV Fun-Ball Dortelweil	00:51:13.91	174	00:52:14.18	152				
135	M	DISSER Thomas	048	62	01:43:35.30	12	M60	+ 38m35s	LaufReport.de	00:53:15.99	193			00:50:19.31	121		
48	F	FELLMANN Alexandra	059	65	01:44:22.59	5	W55	+ 33m04s	Fix_Foxi	00:51:31.94	178	00:52:50.65	155				
136	M	WAGNER Michael	267	51	01:44:32.89	2	M70	+ 39m32s	Königstein/Taunus	00:51:44.37	180			00:52:48.52	137		
137	M	LUCKHARDT Wolfgang	154	60	01:44:48.48	13	M60	+ 39m48s	Taunusläufer	00:51:57.37	182			00:52:51.11	139		

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	(Pl.)	Dez 22	(Pl.)	Jan 23	(Pl.)	Feb 23 (Pl.)
49 F	KUBAN Patricia	337	95	01:45:07.38	12 W	+ 33m49s	keine Angabe			00:56:41.16	180	00:48:26.22	103	
138 M	KOKEMÜLLER Klaus-Heinrich	129	69	01:45:15.54	17 M50	+ 40m15s	TuS Griesheim Waldläufer	00:56:03.77	212	00:52:11.70	151	00:53:03.84	143	
139 M	PRIESTER Björn	188	80	01:45:25.80	21 M40	+ 40m25s	HitaminPur Running Team	00:52:43.35	187	00:52:42.45	154	00:56:40.96	161	
140 M	LOPEZ Jesus	151	59	01:45:49.21	14 M60	+ 40m49s	keine Angabe	00:52:52.04	189	00:53:17.17	160	00:52:57.17	142	
50 F	MERTEN Nicole	165	79	01:46:27.71	8 W40	+ 35m09s	RLT Rodgau	00:53:30.53	196	00:52:57.18	158			
141 M	MENDE Erhard	161	57	01:46:49.44	5 M65	+ 41m49s	TSV Heusenstamm	00:52:57.25	191	00:54:56.49	170	00:53:52.19	147	
142 M	JUSE Kai	307	77	01:47:03.57	24 M45	+ 42m03s	keine Angabe	00:54:13.39	199	00:54:33.11	166	00:52:50.18	138	
143 M	KRÄMER Thorsten	131	71	01:47:04.93	18 M50	+ 42m04s	Erdinger Active Team	00:52:56.62	190	00:54:08.31	162			
144 M	BINZEL Erich	025	57	01:47:07.25	6 M65	+ 42m07s	LT Rheinhessen-Pfalz/Gutenberg-Marathon	00:51:52.93	181	00:55:14.32	173	00:56:28.78	160	
145 M	BUBSER Marcus	034	75	01:47:14.16	25 M45	+ 42m14s	keine Angabe			00:54:22.21	164	00:52:51.95	140	
146 M	BAJUS Volker	014	63	01:47:17.55	16 M55	+ 42m17s	Wild Life Crew	00:53:19.50	194			00:53:58.05	148	
147 M	WESP Michael	279	65	01:47:29.24	17 M55	+ 42m29s	Honolulu Laufteam	00:51:12.48	173			00:56:16.76	156	
148 M	KÖHLER Thomas	127	58	01:47:50.69	15 M60	+ 42m50s	Bio Runner Rhein-Main	00:54:55.11	205			00:52:55.58	141	
51 F	SALOMON Annett	214	77	01:48:37.90	8 W45	+ 37m19s	keine Angabe	00:53:56.08	198	00:54:41.82	167	00:55:41.53	154	
149 M	LIPPERT Berthold	150	50	01:48:38.17	3 M70	+ 43m38s	TV Goldbach	00:53:37.53	197	00:55:00.64	172	00:56:20.95	159	
52 F	KÜNNE Dana	141	72	01:49:07.44	6 W50	+ 37m49s	NDF Runners	00:55:54.43	211	00:54:20.09	163	00:54:47.35	149	
53 F	AUERBACH Janine	011	90	01:49:30.68	8 W30	+ 38m12s	BSG Merck	00:54:35.41	203	00:54:55.27	169			
150 M	BLAUM Hugo	026	51	01:49:40.29	4 M70	+ 44m40s	RLT Rodgau	00:52:32.89	185			00:57:07.40	166	
54 F	RICHTER Geertje	206	78	01:49:45.08	9 W40	+ 38m26s	keine Angabe	00:54:23.97	201	00:55:21.11	174			
55 F	BRAND Judith	031	65	01:50:53.30	6 W55	+ 39m35s	Team Brand	00:55:31.30	208			00:55:22.00	152	
151 M	HOLSCHUH Marcus	107	75	01:50:59.12	26 M45	+ 45m59s	TV 1863 Groß-Zimmern	00:56:26.27	214	00:54:32.85	165			
56 F	WELLER Tanja	278	74	01:51:02.17	9 W45	+ 39m43s	keine Angabe	00:54:41.52	204	00:57:34.70	184	00:56:20.65	157	
152 M	STORK Andreas	247	61	01:51:31.75	16 M60	+ 46m31s	FVV Laufen	00:55:21.26	207	00:56:10.49	176			
57 F	DÖRNER Barbara	049	73	01:51:41.45	10 W45	+ 40m23s	keine Angabe			00:56:51.59	182	00:54:49.86	151	
153 M	WORTMANN Thorsten	288	67	01:51:44.06	18 M55	+ 46m43s	DFS Betriebssportverein	01:00:30.77	233	00:51:13.29	147			
154 M	FÖRSTER Albrecht	068	68	01:52:33.14	19 M50	+ 47m33s	Team Europa	00:56:52.02	216	00:55:41.12	175	00:56:55.75	165	
155 M	HOCK Fabian	318	02	01:52:34.44	16 M	+ 47m34s	TV Elsave Elsenfeld 05			00:57:46.82	186	00:54:47.62	150	
58 F	HEIL Annika	091	85	01:52:40.97	4 W35	+ 41m22s	TUS Griesheim			00:54:45.92	168	00:57:55.05	169	
59 F	BIENENFELD Mirjam	024	71	01:52:41.97	7 W50	+ 41m23s	LG Offenbach	00:57:22.02	217	00:56:21.23	177	00:56:20.74	158	
156 M	ELBRECHT Heinz	054	58	01:52:56.33	17 M60	+ 47m56s	Hillhunter-Hessen	00:54:56.32	206	00:58:00.01	190	00:59:58.37	172	
60 F	VOLK Nicole	262	76	01:53:30.30	11 W45	+ 42m12s	Love is in the air!	01:02:05.15	237	01:00:13.92	200	00:53:16.38	144	
157 M	SPYCHALA Dennis	240	77	01:53:33.88	27 M45	+ 48m33s	Love is in the air!	01:02:05.31	238	01:00:17.49	201	00:53:16.39	145	
61 F	ASKEVOLD Stina	008	91	01:53:34.60	9 W30	+ 42m16s	keine Angabe			00:56:41.30	181	00:56:53.30	164	
62 F	PELZL Alexandra	184	67	01:53:42.07	7 W55	+ 42m23s	keine Angabe	00:59:49.82	232	00:57:25.56	183	00:56:16.51	155	
158 M	SCHAUER Rainer	219	51	01:54:12.57	5 M70	+ 49m12s	Taunusläufer	00:55:33.28	209			00:58:39.29	171	
159 M	ROMEIS Steffen	211	69	01:55:20.28	20 M50	+ 50m20s	Feuerwehr Rodgau Mitte	00:57:36.97	219	00:57:43.31	185			
63 F	HERMES Marita	099	55	01:55:22.28	1 W65	+ 44m04s	RLT Rodgau	00:57:27.00	218	00:57:55.28	188	01:01:32.00	175	

Platz	M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz	AK	GAP	Team / Verein	Nov 22	(Pl.)	Dez 22	(Pl.)	Jan 23	(Pl.)	Feb 23	(Pl.)
160	M	WIEDERSPAHN Klaus	329	50	01:56:01.08	6	M70	+ 51m01s	LG Rodgau	00:58:08.12	221	00:59:16.68	197	00:57:52.96	168		
161	M	BORSBACH Peter	029	67	01:56:32.15	19	M55	+ 51m32s	keine Angabe	00:59:19.74	228	00:58:57.66	195	00:57:34.49	167		
162	M	CROENER Daniel	296	88	01:56:34.56	15	M30	+ 51m34s	keine Angabe	00:54:33.07	202			01:02:01.49	177		
163	M	KEIM Michael	118	69	01:56:37.39	21	M50	+ 51m37s	ADAC Triathlon Club Main Kinzig	00:58:46.33	224	00:57:51.06	187				
164	M	VAHL Jochen	259	49	01:57:01.36	7	M70	+ 52m01s	Spiridon Frankfurt	00:58:48.81	225	00:58:12.55	191	01:02:27.77	178		
64	F	TENTRUP-TIEDJE Corinna	253	59	01:57:09.06	1	W60	+ 45m50s	LF Naheland Bad Kreuznach	00:58:24.61	222	00:58:44.45	194				
165	M	RICHTER Pascal	328	10	01:58:12.89	1	U14	+ 53m12s	keine Angabe	01:01:42.45	236	00:56:30.44	179				
65	F	MÜLLER Solvig	169	65	01:58:55.32	8	W55	+ 47m37s	RLT Rodgau	00:58:57.93	227	00:59:57.39	199				
166	M	WALPER Gerhard	269	50	01:59:00.44	8	M70	+ 54m00s	RLT Rodgau	00:59:35.10	230	00:59:25.34	198	01:01:55.26	176		
66	F	WESP Sabine	280	66	01:59:12.16	9	W55	+ 47m53s	Honolulu Laufteam	00:58:54.43	226	01:00:17.73	202	01:04:35.43	184		
67	F	FREISING Susanne	072	65	01:59:22.42	10	W55	+ 48m04s	keine Angabe	00:58:39.31	223			01:00:43.11	173		
68	F	KIBNER Anika	122	90	02:00:08.49	10	W30	+ 48m50s	LG Offenbach	01:00:55.09	234	00:59:13.40	196				
69	F	GOTTWEIS Christine	080	73	02:00:43.29	12	W45	+ 49m25s	SC Steinberg	00:59:32.21	229	01:01:11.08	204	01:01:17.92	174		
70	F	JUNKER Dee	114	83	02:01:55.47	5	W35	+ 50m37s	RLT Rodgau Laufftreff	01:01:22.88	235	01:00:32.59	203				
167	M	GEISSLER Jonah	335	05	02:02:23.06	1	U18	+ 57m22s	TSG Kleinostheim			00:58:43.03	192	01:03:40.03	182		
71	F	DORNFELD Sabrina	050	80	02:04:51.45	10	W40	+ 53m33s	keine Angabe	00:59:47.58	231			01:05:03.87	185		
72	F	SCHRÄDT Astrid	228	63	02:05:29.33	11	W55	+ 54m11s	TuS Griesheim Waldläufer	01:02:11.10	240			01:03:18.23	180		
73	F	ARBOGAST Maria	005	57	02:05:52.91	2	W65	+ 54m34s	RFC Oberstedten			01:03:05.30	205	01:02:47.61	179		
74	F	MENDE Mercedes	162	62	02:06:09.37	2	W60	+ 54m51s	TSV Heusenstamm	01:02:27.83	241	01:04:43.84	208	01:03:41.54	183		
168	M	VORNDRAN Hans Joachim	266	72	02:12:50.69	22	M50	+ 1h07m50	keine Angabe	01:06:00.22	245			01:06:50.47	186		
169	M	APPELHANS Gerhard	004	60	02:14:32.91	18	M60	+ 1h09m32	Fallbach Läufer Hanau	01:06:15.43	246	01:08:17.48	211				
75	F	LEHMBERG Tanja	147	85	02:19:49.39	6	W35	+ 1h08m31	JSK Rodgau 1888 e.V.	01:08:27.44	247	01:11:53.93	214	01:11:21.95	187		
76	F	HELD Christa	094	70	02:20:10.61	8	W50	+ 1h08m52	keine Angabe	01:10:38.76	248	01:09:31.85	213				
170	M	RACKENSBERGER Henri	190	67	02:21:10.28	20	M55	+ 1h16m10	Harema			01:07:33.98	209	01:13:36.30	188		
171	M	PETER Rolf	186	53	02:22:37.85	7	M65	+ 1h17m37	keine Angabe	01:13:08.55	249	01:09:29.30	212				
172	M	ZIETLOW Hans Uwe	293	46	02:38:58.67	1	M75	+ 1h33m58	SiebzigPlus Dietzenbach			01:11:57.55	215	01:27:01.12	190		
173	M	SCHMIDT Erwin	221	52	02:48:54.41	9	M70	+ 1h43m54	LAZ Obernburg-Miltenberg	01:31:56.75	251	01:30:03.47	216	01:18:50.94	189		
174	M	WEIMAR Peter	275	58	03:06:53.26	19	M60	+ 2h01m53	LT Rheinhessen-Pfalz	01:37:21.49	252	01:40:23.62	217	01:29:31.77	191		