

Platz	Nachname - Vorname	StNr.	Verein	AK	Platz AK	Gesamt	Swim	W1	Bike	W2	Run	Strafzeit	Strafe
1	KRUG Garvin	651	ESV Eintracht Hameln	AK40	1	01:02:44.75	00:07:33.67	00:00:43.86	00:36:05.88	00:00:53.86	00:17:27.48		
2	HANHART Patrick	628	Trispeed Marienfeld	AK30	1	01:03:42.02	00:08:43.70	00:00:52.31	00:34:25.25	00:00:45.59	00:18:55.17		
3	MÜLLER Christoph	652	TRC Essen 84	AK40	2	01:06:38.30	00:09:06.21	00:00:51.99	00:36:45.12	00:00:50.81	00:19:04.17		
4	MUNDINGER Philipp	668	TriSpeed Selimed Herscheid	AK20	1	01:07:49.61	00:09:59.63	00:01:41.65	00:34:02.02	00:01:19.20	00:20:47.11		
5	VOSS Marcus	696	LAUFFEUNDE Boenen	AK50	1	01:08:41.22	00:10:15.36	00:00:56.61	00:35:50.29	00:01:09.00	00:20:29.96		
6	BITZ Lothar	645	TriFinish Münster	AK35	1	01:08:54.41	00:09:42.54	00:00:54.51	00:37:36.37	00:01:00.78	00:19:40.21		
7	SCHIERBAUM Matthias Alexander	671	keine Angabe	AK45	1	01:09:03.70	00:09:47.23	00:01:06.09	00:36:59.64	00:01:27.79	00:19:42.95		
8	LISTLE Holger	662	keine Angabe	AK40	3	01:09:52.74	00:08:57.40	00:01:20.17	00:36:12.10	00:01:01.35	00:22:21.72		
9	EHRENTRAUT Mathias	659	1. TCO Die Bären	AK40	4	01:10:23.83	00:09:02.40	00:00:50.40	00:38:21.28	00:00:46.77	00:21:22.98		
10	KORTHAUS Dominik	624	keine Angabe	AK30	2	01:10:26.30	00:08:36.98	00:01:18.66	00:39:25.67	00:01:04.46	00:20:00.53		
11	DIENINGHOFF André	641	DLRG Herbern	AK35	2	01:10:44.35	00:07:58.83	00:01:02.09	00:39:14.97	00:00:45.48	00:21:42.98		
12	VOGELGESANG Jan	622	Tem Erdinger Alkoholfrei	AK25	1	01:10:48.94	00:10:20.61	00:01:27.96	00:37:14.84	00:01:20.38	00:20:25.15		
13	SAUERBORN Lucas	621	RWO Endurance Team	AK25	2	01:10:58.11	00:08:33.31	00:01:51.23	00:39:24.85	00:00:45.67	00:20:23.05		
14	SCHÜLER Thorsten	638	Styrumer TV	AK35	3	01:11:46.71	00:08:37.34	00:01:08.36	00:40:40.50	00:00:54.56	00:20:25.95		
15	SMUDA Tyler	608	Z-Coaching/ Radler07 Bottrop	J-A	1	01:11:55.87	00:08:22.03	00:01:05.04	00:41:17.99	00:00:47.27	00:20:23.54		
16	MACZIEJEK Marc	625	keine Angabe	AK30	3	01:11:56.14	00:10:39.22	00:01:31.75	00:39:10.36	00:01:13.83	00:19:20.98		
17	EISENBEIL Kevin	618	keine Angabe	AK25	3	01:12:11.48	00:08:54.94	00:00:54.73	00:38:17.41	00:00:53.36	00:23:11.04		
18	SMUDA Tim	653	Radler 07 Bottrop	AK40	5	01:12:19.09	00:08:30.79	00:01:11.38	00:40:34.08	00:01:17.35	00:20:45.49		
19	BOCKHOLT Peter	698	SV Gladbeck 13	AK55	1	01:12:24.51	00:09:32.64	00:01:09.13	00:37:55.96	00:01:09.87	00:22:36.91		
20	NOTTEBOHM Michael	665	Dextro Energy Sport Team/ Marathon-Club M	AK40	6	01:12:29.54	00:09:35.26	00:01:21.65	00:39:34.42	00:01:23.23	00:20:34.98		
21	MÜLLER Thomas	675	TuS Xanten	AK45	2	01:12:33.54	00:09:45.68	00:01:40.32	00:39:00.97	00:01:09.37	00:20:57.20		
22	JELONEK Damian	656	Marathon-Club Menden	AK40	7	01:12:42.23	00:10:27.23	00:01:19.81	00:37:55.97	00:01:06.36	00:21:52.86		
23	ZEDER Thorsten	632	keine Angabe	AK30	4	01:12:58.39	00:08:49.67	00:01:33.40	00:38:10.87	00:01:10.48	00:23:13.97		
1	CLASSEN Andrea	739	Triathlon Team Düsseldorf	AK35	1	01:13:09.01	00:10:02.11	00:01:00.48	00:40:23.65	00:01:08.83	00:20:33.94		
24	WAGNER Tobias	613	TSV Bayer 04 Leverkusen	AK25	4	01:13:26.86	00:07:39.27	00:00:58.34	00:40:21.18	00:01:01.70	00:23:26.37		
2	GÜLDENPENNING Iris	746	TSVE Bielefeld 1890 e.V.	AK40	1	01:13:54.07	00:08:51.23	00:00:51.91	00:41:43.46	00:01:03.44	00:21:24.03		
25	PREIS Björn	635	TV Rue-Wer-Kett	AK30	5	01:14:14.07	00:09:19.15	00:02:46.11	00:39:23.34	00:01:02.82	00:21:42.65		
26	WENTRUP Benedikt	667	FC St. Pauli Triathlon	AK40	8	01:14:27.95	00:09:39.48	00:01:35.71	00:37:35.89	00:00:50.34	00:24:46.53		
27	SCHLÜTER Gerhard	715	Tri-Sport-Team TV Verl	AK65	1	01:14:33.07	00:09:38.34	00:01:06.83	00:40:19.97	00:00:58.35	00:22:29.58		
28	PESCH CLaus	687	PSV Brühl Triathlon Team	AK50	2	01:14:43.23	00:13:02.86	00:01:54.11	00:37:47.75	00:01:12.49	00:20:46.02		
29	KIRCH Max	619	DLC Aachen	AK25	5	01:15:01.44	00:09:45.32	00:00:47.77	00:41:18.82	00:00:49.45	00:22:20.08		
30	BONS Florian	761	Flobo goes Marathon	AK40	9	01:15:18.01	00:09:28.31	00:01:49.44	00:39:34.88	00:01:35.44	00:22:49.94		
31	SCHMEDES Andy	643	keine Angabe	AK35	4	01:15:27.87	00:09:51.09	00:01:03.28	00:40:53.56	00:01:19.15	00:22:20.79		
32	SCHMELZER Kai	663	Lauf Team Unna	AK40	10	01:15:36.11	00:11:03.56	00:02:05.72	00:40:16.61	00:01:06.82	00:21:03.40		
33	BALG Jürgen	711	Tri-Sport-Team TV Verl	AK60	1	01:15:36.97	00:10:26.99	00:01:06.29	00:41:01.62	00:01:08.39	00:21:53.68		
3	BRADLER Vanessa	741	Trispeed Marienfeld	AK35	2	01:15:44.75	00:08:44.14	00:00:49.13	00:41:20.43	00:00:50.00	00:24:01.05		
34	GEILENBERG Mark	670	Hildener AT - Triathlon	AK45	3	01:16:05.87	00:09:29.63	00:01:03.09	00:40:49.59	00:01:01.86	00:23:41.70		
35	LAMBERTY Hermann	712	SV Neptun Neheim-Hüsten	AK60	2	01:16:17.72	00:09:30.22	00:01:12.88	00:40:41.39	00:01:07.58	00:23:35.64	00:00:10.00	
36	STECKEL Eike	673	Hartman Triathlon Team TVG Kaiserau	AK45	4	01:16:20.56	00:09:44.15	00:02:04.99	00:40:15.86	00:01:19.67	00:22:55.89		
37	GETHMANN Tobias	623	Soester Tri Team	AK30	6	01:16:30.90	00:09:50.83	00:01:30.93	00:43:59.57	00:00:50.67	00:20:18.90		
38	ILLNER Dennie	607	Tri-Sport-Team TV Verl	J-A	2	01:16:38.84	00:08:10.43	00:01:08.33	00:42:36.30	00:01:32.76	00:23:11.02		
39	THEURICH Florian	666	keine Angabe	AK40	11	01:16:39.58	00:09:22.58	00:01:30.08	00:40:43.23	00:01:29.77	00:23:33.92		

Platz	Nachname - Vorname	StNr.	Verein	AK	Platz AK	Gesamt	Swim	W1	Bike	W2	Run	Strafzeit	Strafe
40	HEIDE Tillmann	664	keine Angabe	AK40	12	01:16:42.40	00:09:06.98	00:00:57.78	00:40:10.83	00:01:10.36	00:25:16.45		
41	WESTRUP Rene	649	Tri-As Hamm	AK35	5	01:16:53.68	00:10:31.48	00:01:36.57	00:40:04.07	00:01:18.89	00:23:22.67		
4	KRÜGER Rebecca	727	TSV Bayer 04 Leverkusen	AK20	1	01:17:20.23	00:08:24.73	00:00:49.13	00:42:13.58	00:01:01.54	00:24:51.25		
42	WAGNER Thomas	700	SG Welper	AK55	2	01:17:29.28	00:09:31.50	00:01:33.20	00:40:27.95	00:01:26.84	00:24:29.79		
43	NIKULLA Ulrich	718	TSVE Bielefeld 1890 e.V.	AK65	2	01:17:45.41	00:10:21.39	00:01:04.22	00:40:38.82	00:01:01.29	00:24:39.69		
44	OTT Christian	682	ETG-Recklinghausen	AK50	3	01:17:50.25	00:09:09.71	00:01:30.87	00:40:43.51	00:01:20.40	00:25:05.76		
45	ZELLIN Jan	647	Tri-Geckos Dortmund	AK35	6	01:17:51.92	00:10:17.96	00:02:02.08	00:41:54.49	00:01:11.03	00:22:26.36		
46	SPINCZYK Simon	609	Tri-Geckos Dortmund	Jun	1	01:18:13.84	00:08:17.35	00:00:49.36	00:43:19.45	00:01:12.98	00:24:34.70		
5	SCHMITZ Andrea	757	DMSG	AK50	1	01:18:19.32	00:09:27.46	00:01:09.45	00:42:26.37	00:01:06.52	00:24:09.52		
47	WIMPELBERG Markus	693	MC Werne	AK50	4	01:18:34.25	00:10:32.43	00:01:18.25	00:41:09.69	00:01:27.74	00:24:06.14		
48	BRUSKE Dete	699	TVC Enger	AK55	3	01:19:14.28	00:11:07.95	00:01:58.80	00:42:07.52	00:01:13.30	00:22:46.71		
49	GRÄSER Ralf	686	RC Sarpesee Tri Team	AK50	5	01:19:19.81	00:07:50.92	00:01:01.85	00:43:02.71	00:01:10.92	00:26:13.41		
50	WOLBERT Benjamin	640	Hartman Triathlon Team TVG Kaiserau	AK35	7	01:19:22.92	00:10:19.76	00:01:25.81	00:40:58.05	00:01:19.39	00:25:19.91		
51	SCHMITZ Rolf	707	DMSG	AK55	4	01:19:34.96	00:09:32.90	00:01:32.71	00:41:41.83	00:01:12.90	00:25:34.62		
52	MATECKI Ralph	702	Bochum	AK55	5	01:20:02.59	00:09:42.22	00:01:48.72	00:40:42.44	00:02:03.53	00:25:45.68		
6	DREES Sarah	740	Swiss Life Select A. Stuck	AK35	3	01:20:03.21	00:10:04.03	00:01:53.66	00:43:48.71	00:00:57.37	00:23:19.44		
53	FEJA Michael	706	kein Verein	AK55	6	01:20:13.16	00:09:34.02	00:02:02.31	00:43:10.34	00:01:11.02	00:24:15.47		
54	PAFF Oliver	678	SG Welper	AK45	5	01:20:33.37	00:10:24.81	00:01:29.57	00:44:01.18	00:01:37.94	00:22:59.87		
55	SPRINGER Arthur	631	SCHLUSSLICHT	AK30	7	01:20:35.96	00:10:52.89	00:01:48.38	00:40:42.29	00:01:26.87	00:25:45.53		
56	BUENKER Guido	694	LG Emsdetten Tri Team	AK50	6	01:20:38.98	00:09:29.54	00:01:10.74	00:42:42.90	00:01:02.41	00:26:13.39		
57	RAPAIC Marco	630	keine Angabe	AK30	8	01:21:03.98	00:10:27.20	00:02:00.89	00:43:10.31	00:02:02.57	00:23:23.01		
58	GÄRTNER Tim	636	keine Angabe	AK35	8	01:21:07.66	00:10:00.14	00:02:35.24	00:44:33.44	00:02:18.35	00:21:40.49		
59	FANSELOW Timm	633	LT Bittermark Dortmund	AK30	9	01:21:11.00	00:11:49.09	00:01:55.48	00:40:21.21	00:01:23.72	00:25:41.50		
60	KREBBER Theo	710	TV Goch	AK60	3	01:21:17.42	00:10:43.38	00:01:33.72	00:43:12.24	00:01:21.51	00:24:26.57		
61	REICHERT Thomas	620	SCHLUSSLICHT	AK25	6	01:21:25.86	00:10:54.51	00:01:27.33	00:41:07.31	00:01:21.11	00:26:35.60		
62	SPRINGER Alexander	654	SCHLUSSLICHT	AK40	13	01:21:26.00	00:10:44.58	00:01:54.40	00:40:47.97	00:01:43.54	00:26:15.51		
63	KRINGS Markus	661	keine Angabe	AK40	14	01:21:31.57	00:10:50.74	00:01:33.71	00:41:14.91	00:01:16.26	00:26:35.95		
64	GAWLICK Stefan	669	Triathlon Team TG Witten	AK45	6	01:21:52.46	00:12:08.87	00:01:25.27	00:40:12.69	00:01:25.67	00:26:39.96		
65	LEIDIG Peter	692	keine Angabe	AK50	7	01:22:00.18	00:10:33.71	00:01:43.26	00:40:35.31	00:01:26.20	00:27:41.70		
66	FEITER Ulrich	708	KTT01	AK60	4	01:22:03.42	00:12:16.83	00:02:16.13	00:41:04.32	00:01:36.62	00:24:49.52		
67	STRACKE Michael	672	RC Sarpesee Tri Team	AK45	7	01:22:07.54	00:12:12.39	00:01:49.73	00:42:52.64	00:02:04.01	00:23:08.77		
7	BOCKHOLT Anika	750	SV Gladbeck 13	AK40	2	01:22:21.85	00:10:04.89	00:01:13.40	00:40:04.84	00:01:27.67	00:29:31.05		
8	LOOSCHELDERS Dana	726	keine Angabe	AK20	2	01:22:37.08	00:11:25.71	00:01:46.16	00:44:19.65	00:01:20.44	00:23:45.12		
9	REIS Edda	719	LC Paderborn	Jun	1	01:22:41.54	00:12:30.72	00:01:32.98	00:44:51.63	00:01:12.20	00:22:34.01		
68	REINKER Alexander	634	Tri-Team RWW	AK30	10	01:22:56.01	00:09:28.03	00:01:38.97	00:43:16.06	00:01:33.49	00:26:59.46		
69	STERNBERG Michael	644	1. Tri-Club Paderborn	AK35	9	01:23:00.34	00:09:39.96	00:01:11.43	00:41:04.91	00:01:26.42	00:29:37.62		
70	GROSSE Manuel	650	keine Angabe	AK40	15	01:23:09.70	00:10:31.02	00:01:43.62	00:45:33.42	00:01:43.66	00:23:37.98		
71	LINDE Frank	679	keine Angabe	AK45	8	01:23:11.02	00:10:38.12	00:02:26.90	00:42:36.14	00:01:41.49	00:25:48.37		
72	BLOCK Christian	604	TVG Kaiserau 2. Herren Basketball	AK30	11	01:23:15.50	00:10:41.11	00:02:03.29	00:43:47.75	00:01:28.21	00:25:15.14		
73	HEIDE Frederik	606	keine Angabe	J-A	3	01:23:26.33	00:09:59.08	00:01:22.42	00:46:09.41	00:00:54.95	00:25:00.47		
74	HINZ Alexander	637	SCHLUSSLICHT	AK35	10	01:23:40.04	00:11:53.42	00:01:34.58	00:45:18.09	00:01:21.39	00:23:32.56		
10	THIESBRUMMEL Jarmila	737	keine Angabe	AK30	1	01:23:40.05	00:10:50.15	00:01:28.38	00:44:35.81	00:01:06.08	00:25:39.63		

Platz	Nachname - Vorname	StNr.	Verein	AK	Platz AK	Gesamt	Swim	W1	Bike	W2	Run	Strafzeit	Strafe
75	BIALEK Sebastian	626	keine Angabe	AK30	12	01:23:52.79	00:10:23.16	00:01:27.59	00:44:05.80	00:01:41.72	00:26:14.52		
11	NIKAJ Jana	744	keine Angabe	AK35	4	01:23:59.98	00:10:54.52	00:01:39.72	00:47:04.36	00:01:41.12	00:22:40.26		
76	THEIL Michael	697	Team Erdinger Alkoholfrei	AK50	8	01:24:02.50	00:13:32.81	00:01:26.46	00:41:30.26	00:02:09.12	00:25:23.85		
77	SCHMIDT Dirk	695	Team Erdinger Alkoholfrei	AK50	9	01:24:06.36	00:09:02.72	00:01:53.53	00:40:08.01	00:02:32.35	00:30:29.75		
12	MAUS Katja	753	TV Witzhelden Triathlon	AK50	2	01:24:12.32	00:10:47.59	00:01:20.93	00:45:56.83	00:01:11.98	00:24:54.99		
78	ROGGENBUCK Ben	614	keine Angabe	AK25	7	01:24:26.33	00:11:55.34	00:02:46.77	00:42:59.53	00:01:24.49	00:25:20.20		
13	THUROW Nina	723	Tri-Geckos Dortmund	Jun	2	01:24:39.60	00:09:17.20	00:01:04.38	00:45:13.28	00:01:23.54	00:27:41.20		
79	BLÄKER Matthias	685	LG Emsdetten Tri Team	AK50	10	01:24:42.36	00:10:22.94	00:01:22.45	00:43:56.16	00:01:24.15	00:27:36.66		
14	HINZE Yvonne	747	PSV Brühl Triathlon Team	AK40	3	01:24:44.51	00:12:37.23	00:01:59.66	00:42:42.58	00:01:15.86	00:26:09.18		
15	SCHULER Anne	743	Triathlon Team TG Witten	AK35	5	01:24:57.05	00:11:47.89	00:01:44.37	00:43:56.37	00:02:04.59	00:25:23.83		
80	NAHSER Stefan	703	Marathon-Club Menden	AK55	7	01:25:00.84	00:12:25.67	00:01:43.73	00:42:02.01	00:02:16.34	00:26:33.09		
16	VOß Julica	721	Lauffreunde Bönen 1985 e.V.	Jun	3	01:25:05.24	00:11:24.06	00:01:51.01	00:44:14.61	00:01:05.40	00:26:30.16		
17	FINGER Jasmin	735	keine Angabe	AK30	2	01:25:17.08	00:11:26.67	00:01:47.36	00:45:36.07	00:01:17.31	00:25:09.67		
81	VON CYRSON Mark	658	Triathlon Mülheim	AK40	16	01:25:31.88	00:11:53.92	00:01:56.50	00:45:35.86	00:01:44.33	00:24:21.27		
18	EKMEKCI Berna	734	keine Angabe	AK30	3	01:25:35.13	00:11:42.38	00:01:48.96	00:47:22.16	00:01:17.91	00:23:23.72		
19	BRÜGGEMANN Ronja	730	keine Angabe	AK25	1	01:25:59.26	00:11:41.73	00:02:21.39	00:43:23.66	00:01:10.37	00:27:22.11		
82	SCHMEICHEL Armin	713	Trifix Kamen	AK60	5	01:26:03.73	00:10:16.33	00:01:32.98	00:44:11.53	00:00:54.35	00:29:08.54		
83	PAULSEN Finn	610	TRC Essen 84	AK20	2	01:26:34.96	00:11:16.07	00:01:21.09	00:47:49.92	00:01:29.90	00:24:37.98		
20	SAUER Maren	724	TV Germania Buschhütten 1885 e.V.	AK20	3	01:27:25.45	00:08:48.43	00:00:56.65	00:48:11.08	00:00:45.68	00:28:43.61		
84	TEMME Georg	717	Tri Team Ruhrpott Herne e.V.	AK65	3	01:27:35.95	00:12:53.20	00:01:36.93	00:45:35.28	00:01:48.14	00:25:42.40		
21	KLEIN Birte	736	keine Angabe	AK30	4	01:27:42.91	00:12:44.29	00:01:59.05	00:46:38.77	00:01:05.73	00:25:15.07		
85	BOKLER Daniel	611	Team Erdinger Alkoholfrei	AK20	3	01:28:05.86	00:12:20.02	00:01:31.82	00:41:17.78	00:02:32.13	00:30:24.11		
22	JUNGEILGES Britta	731	keine Angabe	AK30	5	01:28:28.58	00:11:27.86	00:01:45.64	00:46:17.33	00:01:31.37	00:27:26.38		
23	BEINE Lea	725	HSP Münster	AK20	4	01:28:29.43	00:10:54.70	00:01:24.20	00:46:32.76	00:01:55.89	00:27:41.88		
24	BAUMEISTER Karen	758	TV Werne Wasserfreunde e.V.	AK55	1	01:28:52.09	00:10:50.02	00:02:00.26	00:44:54.79	00:01:45.93	00:29:21.09		
25	HEIDE Lilian	722	keine Angabe	Jun	4	01:29:03.66	00:09:17.09	00:01:21.92	00:46:35.44	00:01:15.16	00:30:34.05		
26	SPINCZYK Ute	755	Tri-Geckos Dortmund	AK50	3	01:29:08.53	00:10:53.31	00:01:35.97	00:47:05.72	00:01:31.71	00:28:01.82		
86	MILLENDORF Dirk	709	keine Angabe	AK60	6	01:29:26.46	00:13:51.84	00:02:19.77	00:46:25.12	00:01:37.48	00:25:12.25		
87	KLASSEN Waldemar	629	SCHLUSSLICHT	AK30	13	01:29:40.60	00:14:08.03	00:02:08.18	00:45:43.41	00:01:44.20	00:25:56.78		
88	SCHMIDTMANN Christian	680	RSC Werne	AK45	9	01:30:29.28	00:12:50.02	00:02:29.60	00:43:33.35	00:03:31.87	00:28:04.44		
89	VAN DE BOVENKAMP Gerard	714	keine Angabe	AK65	4	01:30:37.76	00:14:08.00	00:01:28.75	00:46:46.90	00:01:36.16	00:26:37.95		
90	SIKORA Remigiusz	657	keine Angabe	AK40	17	01:30:54.36	00:12:09.51	00:01:12.54	00:45:56.34	00:01:47.75	00:29:48.22		
27	RASS Britta	752	Tri-Geckos Dortmund e.V.	AK45	1	01:31:33.02	00:12:41.49	00:01:53.96	00:48:37.34	00:01:57.77	00:26:22.46		
28	MEYERBRÖKER Klara	729	keine Angabe	AK25	2	01:31:44.06	00:10:12.27	00:01:46.17	00:46:24.17	00:01:47.94	00:31:33.51		
91	KRÜGER Olaf	701	FunGo Sports	AK55	8	01:31:51.60	00:09:30.36	00:01:33.21	00:48:09.83	00:01:07.19	00:31:31.01		
92	TAUBE Ingo	674	Post-SV Holzminden	AK45	10	01:31:54.28	00:11:52.50	00:01:24.85	00:47:01.40	00:01:10.99	00:30:24.54		
29	TAUBE Imke	738	Post-SV Holzminden	AK30	6	01:31:56.37	00:11:50.50	00:01:30.32	00:51:00.90	00:00:54.46	00:26:40.19		
30	SCHÄFER Yvonne	751	Tri-Geckos Dortmund	AK40	4	01:32:24.92	00:11:30.14	00:01:46.61	00:47:43.70	00:01:26.54	00:29:57.93		
93	SCHAEPEERS Gordon	676	Team Schaeppers	AK45	11	01:32:33.62	00:12:18.16	00:02:11.50	00:47:10.20	00:02:55.54	00:27:58.22		
31	PAULSEN Heike	756	TRC Essen 84	AK50	4	01:32:46.59	00:11:53.81	00:01:36.76	00:48:33.30	00:02:15.47	00:28:27.25		
94	KLOPP Thomas	705	TV Witzhelden	AK55	9	01:32:53.57	00:12:23.90	00:01:52.52	00:44:44.01	00:01:33.41	00:32:19.73		
95	TUXHORN Björn	677	keine Angabe	AK45	12	01:35:58.31	00:12:13.50	00:01:30.00	00:53:42.09	00:01:06.28	00:27:26.44		

Platz	Nachname - Vorname	StNr.	Verein	AK	Platz AK	Gesamt	Swim	W1	Bike	W2	Run	Strafzeit	Strafe
96	MIDDELHOFF Dirk	681	keine Angabe	AK50	11	01:36:46.28	00:16:28.86	00:02:29.78	00:46:00.86	00:02:20.19	00:29:26.59		
97	KRAUSE Noah Mo	605	VfL Kamen	S-A	1	01:37:54.84	00:08:35.84	00:02:02.07	00:53:17.38	00:01:24.90	00:32:34.65		
98	KRAUSE Sven	648	VfL Kamen	AK35	11	01:37:55.30	00:12:08.67	00:01:46.05	00:50:01.51	00:01:23.65	00:32:35.42		
32	CRAMER Britta	759	1. PSV Paderborn	AK55	2	01:37:57.69	00:09:24.57	00:01:40.06	00:49:08.02	00:02:00.39	00:35:44.65		
33	KLEFFMÜLLER Christa	760	TVC Enger	AK55	3	01:38:52.06	00:13:12.29	00:02:05.92	00:51:17.95	00:01:35.05	00:30:40.85		
34	KUCK Cathrin	749	keine Angabe	AK40	5	01:39:24.05	00:13:16.12	00:02:11.89	00:50:46.92	00:02:34.21	00:30:34.91		
99	KLEIN Lutz	691	LDT Bochum	AK50	12	01:39:53.76	00:11:47.56	00:03:01.09	00:53:52.76	00:02:02.38	00:29:09.97		
35	NOBIS Britta	748	keine Angabe	AK40	6	01:40:06.68	00:14:35.42	00:01:28.26	00:48:45.95	00:01:55.28	00:33:21.77		
100	PAAS Sebastian	646	SC Werden-Heidhausen	AK35	12	01:40:58.38	00:14:38.35	00:03:11.46	00:53:10.44	00:01:21.54	00:28:36.59		
101	PETER Lars	601	TVG Kaiserau 2. Herren Basketball	AK25	8	01:42:14.67	00:12:31.71	00:02:53.63	00:49:53.54	00:03:06.84	00:33:48.95		
36	NITSCHMANN Maren	732	keine Angabe	AK30	7	01:42:19.39	00:15:19.86	00:03:10.86	00:53:03.25	00:01:31.95	00:29:13.47		
102	TANK Dieter	716	keine Angabe	AK65	5	01:49:47.46	00:15:41.34	00:02:44.16	00:51:54.29	00:01:43.53	00:37:44.14		
103	SCHRÖDER Kevin	616	keine Angabe	AK25	9	01:50:56.93	00:17:08.31	00:01:40.53	00:49:18.16	00:02:25.38	00:40:24.55		
104	LAß Alexander	603	TVG Kaiserau 2. Herren Basketball	AK35	13	01:51:15.26	00:13:32.82	00:03:19.41	00:58:54.64	00:02:17.58	00:33:10.81		
105	ZIMMER Björn	602	TVG Kaiserau 2. Herren Basketball	AK30	14	01:56:07.15	00:13:01.71	00:03:27.49	00:54:58.47	00:01:44.56	00:42:54.92		
37	SCHAEPEERS Mareike	742	keine Angabe	AK35	6	01:58:49.20	00:12:58.10	00:02:28.26	00:58:30.41	00:03:08.19	00:41:44.24		
DSQ	SCHULTE Jan-Philipp	612	SCHLUSSLICHT	AK20		01:18:56.03	00:12:55.45	00:01:55.46	00:33:05.78	00:01:32.76	00:29:26.57		
DNF	ECKHOFF Lukas	617	Hartman Triathlon Team TVG Kaiserau	AK25			00:09:14.30	00:00:45.81					
DNF	KINTZEL Marcus	690	Marathon und Triathlon Mülheim	AK50			00:11:29.40	00:02:45.30	00:45:06.74	00:01:43.82			
DNF	WERNER Niko	655	ESV Eintracht Hameln	AK40			00:11:38.02	00:01:32.19	00:36:53.25	00:01:34.61			