

Platz	Nachname - Vorname	Nation	SNr.	Platz AK	Zeit	Gesamt	Platz	Runde1	Platz	Runde2	Platz	Runde3	Platz	Runde4	Platz	Runde5	Platz	Runde6	Platz	Brutto	Platz	Verein
1	SCHRÄDER Manuel		1965	1 HKM	00:36:37.09	00:36:37.09	1	00:05:58.77	1	00:06:00.73	2	00:06:05.30	1	00:06:14.60	2	00:06:12.41	2	00:06:05.28	1	00:36:38.65	1	Tribärs Sespenroth
2	KNIE Manuel		1939	1 M30M	00:36:51.72	00:36:51.72	2	00:06:05.52	3	00:06:13.59	3	00:06:10.70	2	00:06:07.81	1	00:06:08.37	1	00:06:05.73	2	00:36:53.79	2	Tribärs Sespenroth
3	NACKE Ralf		1950	1 M35M	00:38:06.06	00:38:06.06	3	00:05:58.98	2	00:06:00.60	1	00:06:25.09	3	00:06:32.68	4	00:06:32.78	3	00:06:35.93	5	00:38:07.58	3	Tribärs Sespenroth
4	BRUCH Waldemar		1907	2 M30M	00:38:26.27	00:38:26.27	4	00:06:11.16	5	00:06:17.37	4	00:06:25.96	4	00:06:32.19	3	00:06:33.02	4	00:06:26.57	3	00:38:28.67	4	Tribärs Sespenroth
5	MOHR Johannes		1949	2 M35M	00:38:43.65	00:38:43.65	5	00:06:10.99	4	00:06:19.71	5	00:06:28.62	5	00:06:33.77	5	00:06:36.54	5	00:06:34.02	4	00:38:46.23	5	1. FC Kaiserslautern
6	DA-COSTA Justino	POR	1910	1 M55M	00:40:56.95	00:40:56.95	6	00:06:24.36	6	00:06:40.03	6	00:06:54.33	6	00:06:59.47	7	00:07:00.51	7	00:06:58.25	8	00:41:06.84	6	TuS Lindenholzhausen
7	MARTIN Jörg		1946	1 M50M	00:41:08.76	00:41:08.76	7	00:06:40.61	7	00:06:52.02	7	00:06:55.93	7	00:06:55.16	6	00:06:56.03	6	00:06:49.01	6	00:41:11.61	7	Tribärs Sespenroth
8	BÖRDNER Thorsten		1903	1 M40M	00:41:59.27	00:41:59.27	8	00:06:47.74	12	00:06:53.88	8	00:07:06.58	8	00:07:04.77	8	00:07:06.34	8	00:06:59.96	9	00:42:09.58	8	TuS Lindenholzhausen
9	BRAUM Tobias		1905	3 M35M	00:42:43.42	00:42:43.42	9	00:06:54.41	13	00:07:07.37	13	00:07:13.35	12	00:07:17.10	9	00:07:13.81	9	00:06:57.38	7	00:42:56.93	9	#VegRenner
10	ICKENROTH Alexander		1935	2 M50M	00:43:03.10	00:43:03.10	10	00:06:45.29	11	00:07:00.36	11	00:07:09.65	9	00:07:18.88	10	00:07:29.66	10	00:07:19.26	11	00:43:06.86	10	SRL Triathlon Koblenz
11	LUCK Rolf		1944	3 M50M	00:43:10.07	00:43:10.07	11	00:06:43.21	9	00:07:00.30	10	00:07:11.34	11	00:07:19.18	11	00:07:30.12	11	00:07:25.92	12	00:43:13.24	11	SRL Triathlon Koblenz
12	HAMM Benedikt		1927	3 M30M	00:43:20.65	00:43:20.65	12	00:06:44.91	10	00:07:01.47	12	00:07:17.77	13	00:07:27.92	12	00:07:33.25	12	00:07:15.33	10	00:43:25.25	12	keine Angabe
13	NORMANN Helmut		1954	4 M50M	00:44:36.82	00:44:36.82	13	00:07:00.27	14	00:07:12.41	14	00:07:26.30	14	00:07:35.21	13	00:07:36.70	13	00:07:45.93	17	00:44:46.01	13	SG Neuhäusel
14	ENGEL Philipp		1913	4 M30M	00:45:36.49	00:45:36.49	14	00:07:15.10	17	00:07:28.99	16	00:07:36.86	15	00:07:55.95	20	00:07:47.91	14	00:07:31.68	14	00:45:57.65	17	keine Angabe
15	HOHNDORF Richard		1931	2 HKM	00:45:41.98	00:45:41.98	15	00:06:42.97	8	00:06:59.48	9	00:07:10.63	10	00:08:10.16	23	00:08:14.56	21	00:08:24.18	25	00:45:49.61	14	keine Angabe
16	STRACK Marco		1970	1 M45M	00:45:47.52	00:45:47.52	16	00:07:03.92	15	00:07:28.00	15	00:07:42.09	17	00:07:50.26	15	00:07:51.48	15	00:07:51.77	18	00:45:53.95	15	TuS Singhofen
17	BREIDEN Anica		1906	1 HKF	00:45:50.21	00:45:50.21	17	00:07:16.82	18	00:07:31.81	17	00:07:40.17	16	00:07:52.00	16	00:07:58.19	17	00:07:31.22	13	00:45:55.62	16	Leifheit AG
18	KOITKA Matthias		1940	5 M30M	00:46:18.66	00:46:18.66	18	00:07:24.16	19	00:07:45.75	18	00:07:46.84	18	00:07:45.39	14	00:07:56.33	16	00:07:40.19	15	00:46:32.71	18	Lauffreize Diez/Limbürg
19	STILLGER Jürgen		1969	2 M45M	00:46:56.07	00:46:56.07	19	00:07:24.91	20	00:07:53.71	20	00:07:49.94	19	00:07:54.53	19	00:08:07.09	20	00:07:45.89	16	00:47:10.41	19	LG Brechen
20	GEIS Joerg		1921	3 M45M	00:47:23.63	00:47:23.63	20	00:07:46.68	22	00:07:50.51	19	00:07:53.42	20	00:07:53.71	18	00:08:02.99	20	00:07:56.32	20	00:47:36.19	20	Turtles run
21	MINOR Klaus		1948	2 M55M	00:47:54.45	00:47:54.45	21	00:08:05.12	28	00:08:04.10	23	00:07:56.43	21	00:07:52.74	17	00:08:00.91	18	00:07:55.15	19	00:48:02.84	21	keine Angabe
22	BURGARD Thomas		1909	3 M55M	00:47:55.09	00:47:55.09	22	00:07:06.29	16	00:08:00.30	22	00:08:04.76	23	00:08:15.81	24	00:08:21.97	25	00:08:05.96	22	00:48:05.00	22	TuS Katzenelnbogen-Klingelbach 1896/1946 e.V.
23	SCHATZINGER Achim		1960	5 M50M	00:48:13.35	00:48:13.35	23	00:07:55.78	21	00:07:55.78	21	00:08:07.18	24	00:08:08.56	22	00:08:14.66	22	00:08:06.71	23	00:48:21.65	23	keine Angabe
24	MAIER Michael		1945	4 M55M	00:48:42.81	00:48:42.81	24	00:07:54.08	25	00:08:04.70	24	00:08:01.69	22	00:08:07.40	21	00:08:17.55	23	00:08:17.39	24	00:49:00.38	24	FFW Obertiefenbach im Taunus
25	HUNGERSHAUSEN Philipp		1933	2 M40M	00:49:16.84	00:49:16.84	25	00:07:52.86	24	00:08:13.85	25	00:08:23.22	28	00:08:31.75	28	00:08:17.69	24	00:07:57.47	21	00:49:28.93	25	Herzogtum Nassau
26	BRACH-LOCH Sebastian		1904	4 M35M	00:49:46.34	00:49:46.34	26	00:07:48.14	23	00:08:06.45	25	00:08:19.59	27	00:08:28.76	26	00:08:38.47	28	00:08:24.93	26	00:50:08.71	26	SV Blau-Weiß Niedelerbert
27	NOETZEL Marco		1952	3 M40M	00:49:57.28	00:49:57.28	27	00:07:56.87	26	00:08:10.81	26	00:08:18.42	26	00:08:24.47	26	00:08:32.50	26	00:08:34.21	30	00:50:29.11	27	keine Angabe
28	RAABE Andreas		1958	4 M40M	00:51:04.34	00:51:04.34	28	00:08:25.60	39	00:08:30.65	39	00:08:15.34	25	00:08:29.64	27	00:08:44.61	29	00:08:38.50	32	00:51:19.80	28	Lauffreize Diez/Limbürg
29	VOHL Nicolas		1975	3 HKM	00:51:16.60	00:51:16.60	29	00:08:20.84	36	00:08:29.49	32	00:08:33.61	31	00:08:37.45	29	00:08:44.68	30	00:08:30.53	28	00:51:45.65	29	Leifheit AG
30	NEHRBAß Ingo		1951	5 M55M	00:51:23.25	00:51:23.25	30	00:08:11.61	31	00:08:26.75	30	00:08:26.26	31	00:08:44.39	31	00:08:52.10	32	00:08:42.14	33	00:51:55.86	30	G. und I. Leifheit Stiftung
31	FALTERBAUM Markus		1917	6 M50M	00:51:47.02	00:51:47.02	31	00:08:23.57	37	00:08:34.89	33	00:08:36.66	33	00:08:49.52	32	00:08:52.00	31	00:08:30.38	27	00:52:08.60	31	VFR Winden
32	WAGNER Jennifer		1976	1 M35F	00:51:52.95	00:51:52.95	32	00:08:54.42	46	00:08:29.48	31	00:08:31.93	30	00:08:42.04	30	00:08:38.09	27	00:08:36.99	31	00:52:38.03	33	keine Angabe
33	AULMANN Heiko		1901	7 M50M	00:51:58.18	00:51:58.18	33	00:08:03.41	27	00:08:20.15	28	00:08:34.02	32	00:08:52.19	33	00:09:13.59	39	00:08:54.82	36	00:52:38.28	34	SV Winterverb
34	KRUMMER Stefanie		1942	2 M35F	00:52:13.93	00:52:13.93	34	00:08:08.32	29	00:08:41.60	37	00:08:50.89	35	00:08:52.91	34	00:08:54.74	33	00:08:45.47	34	00:52:25.49	32	Fitnesscamp Westerwald
35	KRAMER Reinhold		1942	1 M65M	00:53:13.97	00:53:13.97	35	00:08:35.80	42	00:08:56.18	41	00:08:55.94	38	00:09:07.03	39	00:09:07.31	35	00:08:31.71	29	00:53:21.14	35	Biermarathon Hachenburg
36	KABEL Gerhard		1937	1 M60M	00:53:14.09	00:53:14.09	36	00:08:11.88	32	00:08:37.97	34	00:08:52.04	36	00:09:02.58	37	00:09:11.14	36	00:09:18.48	41	00:53:46.23	38	Förderverein Stationäres Hospiz Rhein-Lahn e.V.
37	SCHENCKING DR. Martin		1962	8 M50M	00:53:15.02	00:53:15.02	37	00:08:13.81	35	00:08:38.11	35	00:08:52.33	37	00:09:02.53	36	00:09:11.99	37	00:09:16.25	40	00:53:46.19	37	Förderverein Stationäres Hospiz Rhein-Lahn e.V.
38	THIERFELDT Kerstin		1973	1 M45F	00:53:18.85	00:53:18.85	38	00:08:12.57	33	00:08:50.86	39	00:08:56.73	39	00:09:03.71	34	00:09:11.34	39	00:09:13.44	39	00:53:34.60	36	TV Waldstraße Wiesbaden
39	HÜRTER Jörg		1934	5 M35M	00:53:29.85	00:53:29.85	39	00:08:35.74	41	00:08:44.25	38	00:08:49.20	34	00:09:01.92	35	00:09:12.35	38	00:09:06.39	38	00:54:03.38	40	VfL Kesselheim
40	GARNIER Melanie		1919	1 M40F	00:53:43.48	00:53:43.48	40	00:08:13.50	34	00:08:55.20	40	00:09:02.45	41	00:09:21.29	41	00:09:21.97	40	00:08:49.07	35	00:54:01.96	39	keine Angabe
41	RÜBSAMEN Isabel		1959	2 M40F	00:54:06.46	00:54:06.46	41	00:08:09.62	30	00:08:38.38	36	00:08:58.02	40	00:09:15.82	40	00:09:25.68	41	00:09:38.94	45	00:54:12.17	41	keine Angabe
42	DILLENBERGER-REIFENRATH		1911	3 M35F	00:56:15.13	00:56:15.13	42	00:08:58.10	47	00:09:18.44	44	00:09:14.71	42	00:09:40.03	43	00:09:40.24	43	00:09:23.61	44	00:56:41.75	42	Inthera
43	HALLAS Martin		1926	5 M40M	00:56:31.28	00:56:31.28	43	00:08:59.28	48	00:09:29.67	46	00:09:24.01	44	00:09:36.99	42	00:09:40.19	42	00:09:21.14	42	00:56:42.28	43	Sportgemeinde 93/20 e.V. Dachshausen, Sparte Lauffreize
44	FRANDESN Florian		1918	6 M40M	00:57:00.82	00:57:00.82	44	00:08:48.65	45	00:09:19.68	45	00:09:36.71	46	00:09:52.88	45	00:09:59.99	46	00:09:22.91	43	00:57:31.13	44	keine Angabe
45	KNECHT Bastian		1938	7 M40M	00:57:19.01	00:57:19.01	45	00:08:32.03	40	00:09:36.28	49	00:09:36.58	45	00:09:52.98	46	00:10:00.20	47	00:09:40.94	47	00:57:49.27	45	keine Angabe
46	ERBAR Theresa		1915	1 M30F	00:57:50.42	00:57:50.42	46	00:08:47.80	44	00:09:08.61	42	00:09:17.18	43	00:09:42.13	44	00:10:33.19	49	00:10:21.51	51	00:58:13.85	46	running team Bad Ems
47	BRZANK Roman		1908	8 M40M	00:58:15.66	00:58:15.66	47	00:09:17.53	51	00:09:38.92	50	00:09:58.58	48	00:10:21.32	48	00:09:57.12	45	00:09:02.19	37	00:58:41.30	47	keine Angabe
48	ZÖLLER Jennifer		1977	2 M30F	00:58:47.86	00:58:47.86	48	00:08:43.83	43	0												